

# Run To The Hills

**COPPER** **KNOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數: Advanced  
編舞者: Adriano Castagnoli (IT) - September 2013  
音樂: She's Gone, Gone, Gone - George Canyon



## **TOE STRUT FORWARD (RIGHT, LEFT), JUMPING CROSS, KICK, CROSS, KICK**

1-2 Step Forward On Right Toe, Drop Right Heel Taking Weight  
3-4 Step Forward On Left Toe, Drop Left Heel Taking Weight  
5-6 Jumping Cross Right Over Left, Step Left Back And Kick Right Forward  
7-8 Repeat 5-6

## **ROCK BACK RIGHT, STEP, STOMP, APPLE JACKS (LEFT, RIGHT)**

1-2 Rock Back On Right, Return Onto Left  
3-4 Step Right Forward, Stomp Left Beside Right  
5-6 Swivel Left Toe And Right Heel To Left Side, Return Feet To Centre  
7-8 Swivel Right Toe And Left Heel To Right Side, Return Feet To Centre

## **KICK, HOOK, KICK, FLICK UP BACK RIGHT, LOCK FORWARD RIGHT, HOOK**

1-2 Kick Right Forward, Hook Right Over Left  
3-4 Kick Right Forward, Flick Up Back Right  
5-6 Step Right Forward, Lock Left Behind Right  
7-8 Step Right Forward, Hook Left Behind Right

## **LOCK BACK LEFT, HOLD, TURN 1/2 RIGHT & ROCK STEP, TURN 1/2 RIGHT, STOMP**

1-2 Step Left Back, Lock Right Over Left  
3-4 Step Left Back, Hold  
5-6 Turn 1/2 Right And Rock Forward Right, Recover Onto Left  
7-8 Turn 1/2 Right On Left Foot And Step Right Forward, Stomp Left Beside Right

## **SWIVEL LEFT FOOT, STOMP UP, RIGHT SIDE, STOMP UP, LEFT SIDE, STOMP**

1-2 Swivel Left Foot To Left Side (Toe, Heel)  
3-4 Swivel Left Toe To Left Side, Stomp Up Right Beside Left  
5-6 Step Right To Right Side, Stomp Up Left Beside Right  
7-8 Step Left To Left Side, Stomp Right Beside Left

## **SWIVEL RIGHT FOOT, STOMP UP, LEFT SIDE, STOMP UP, RIGHT SIDE, STOMP UP**

1-2 Swivel Right Foot To Right Side (Toe, Heel)  
3-4 Swivel Right Toe To Right Side, Stomp Up Left Beside Right  
5-6 Step Left To Left Side, Stomp Up Left Beside Right  
7-8 Step Right To Right Side, Stomp Up Left Beside Right

## **CHASSE LEFT AND TURN 1/4 LEFT, HOLD, FULL TURN LEFT, KICK LEFT**

1-2 Step Left To Left Side, Close Right Beside Left  
3-4 Step Left Forward And Turn 1/4 Left, Hold  
5-6 Step Right Forward, Pivot 1/2 Turn Left  
7-8 Turn 1/2 Left On Left And Step Right Back, Kick Left Forward

## **KICK RIGHT, TURN 1/4 LEFT AND JUMPING JAZZ BOX (RIGHT, LEFT), STOMP UP**

1-2 Kick Right Forward, Turn 1/4 Left And Jumping Cross Right Over Left  
3-4 Step Left Back And Kick Right Forward, Step Right To Place And Kick Left Forward  
5-6 Cross Left Over Right, Step Right Back And Kick Left Forward  
7-8 Return Onto Left, Stomp Up Right Beside Left

**TAG: Performed after 9th repetition**

1-2-3-4 Stomp Right Forward (Taking Weight), Hold, Hold, Hold

5-6-7-8 Turn 1/2 Left On Right Foot And Stomp Left To Left Side, Hold, Hold, Hold

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