

Something In The Air

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - September 2013
音樂: Fernando (Dean's Delicious Radio Edit) - Abba: (Album: The Mamma Mia Dance Volume 1)



Start after 24 count intro on the word 'Fernando' when she sings 'can you hear the drums Fernando' – [approx. 12 secs in – 126bpm – 3mins 37secs]

Line dance with Restart when using 'Fernando'. NO Restart for 'Better Than My Heart'

Alternative country track: Better Than My Heart – Luke Bryan – Start after 32 count intro when he sings 'I'm feeling kinda banged up' come in just after the word 'up' approx. 17 secs into song – 120bpm – 3mins 45secs

[1-8] R fwd, touch L tog, L shuffle back, R back rock/recover, pivot ½ L

1-2 Step R forward, touch L together

3&4 Step L back, step R together, step L back

5-8 Rock R back, recover weight on L, step R forward, pivot ½ left (6 o'clock)

RESTART (Wall 4): Dance first 6 counts and restart from the beginning. You'll be facing back wall (6 o'clock)

[9-16] ¼ L step R side right, touch L tog, L shuffle back, R back rock/recover, R shuffle fwd

1-2 Turning ¼ left step R side, touch L together (3 o'clock)

3&4 Step L back, step R together, step L back

5-6 Rock R back, recover weight on L

7&8 Step R forward, step L together, step R forward (body slightly to R diagonal)

[17-24] Weave right x 2, L behind-R side-L cross, R side rock/recover, R behind-L side-R cross

1-2 Cross step L over R, step R side

3&4 Cross step L behind R, step R side, cross step L over R

5-6 Rock R side, recover weight on L

7&8 Cross step R behind L, step L side, cross step R over L

[25-32] Step L to left, cross R behind, ¼ left step L fwd, ¼ left step R to R side, cross L behind, ¼ right step R fwd, pivot ½ right

1-4 Step L side, cross step R behind L, turning ¼ left step L forward, turning ¼ left step R side (9 o'clock)

5-8 Cross step L behind R, turning ¼ right step R forward (12 o'clock), step L forward, pivot ½ R (6 o'clock)

[33-40] L shuffle fwd, pivot ¼ left, walk fwd R/L, R fwd rock/recover

1&2 Step L forward, step R together, step L forward

3-4 Step R forward, pivot ¼ left (3 o'clock)

5-8 Step R forward, step L forward, rock R forward, recover weight on L

[41-48] 2 x ½ turning shuffles back, R back rock/recover, R cross, point L to left side

1&2 Turning ½ right step R forward, step L together, step R forward

3&4 Turning ½ right step L back, step R together, step L back

5-8 Rock R back, recover weight on L, cross step R over L, point L side

[49-56] 2 cross points L/R, L jazz box cross with ¼ L turn

1-4 Cross step L over R, point R side, cross step R over L, point L side

5-8 Cross step L over R, step R back, turning ¼ left step L side, cross step R over L (12 o'clock)

[57-64] Chassé L, R back rock/recover, pivot ½ left, ½ L step R back, ½ L step L fwd (or walk fwd R/L)

1&2 Step L side, step R together, step L side

3-6 Rock R back, recover weight on L, step R forward, pivot ½ left (6 o'clock)
7-8 Turning ½ left step R back, turning ½ left step L forward (or walk forward R/L)

FINAL WALL: (Wall 8): Dance to count 30 and add the following 5 counts:

1-4 [L Rocking chair] Step L forward, recover weight on R, step L back, recover weight on R
5 Stomp L forward striking a pose!

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