

# Kickin' In

拍數: 96      牆數: 1      級數: Intermediate - Contra  
編舞者: Dancin' Dean (USA) & Steve Lescarbeau (USA) - September 2013  
音樂: Kickin' In - Adam Lambert : (CD: Trespassing - 3:17)



## [1 – 8] Step, Hitch, Coaster Step, Sway, Sway, Side Together Side

1,2, 3& 4      Step forward R, Hitch L (clap hands with partner on Hitch), L Coaster step  
5, 6, 7& 8      Sway R, L, R side together side

## [9 – 16] Step Hitch, Coaster Step, Sway, Sway, Side Together Side

1,2, 3& 4      Step forward L, Hitch R, (clap hands with your new partner), R Coaster step  
5,6, 7& 8      Sway L, R, L side together side.

## [17 – 24] Crossing Mambo, Crossing Mambo, Cross Rock, Reccover, Rock Recover

1& 2, 3& 4      Cross Rock R over L, Recover, Step R to R, Cross Rock L over R, Recover R, Step L to L  
5, 6, 7, 8      Cross Rock R slightly over L, Recover, Rock forward, Recover.

## [25 – 32] Step, Back, Together, Step Lock Step, ¼, ¼, Crossing Shuffle

1, 2, 3& 4      Steb back on R, Step L together (square up), Step R, Lock L behind, Step R forward  
5, 6, 7& 8      ¼ R stepping back on L, ¼ R stepping R to R, Cross L over R, Step R to R, Cross L over R

## [33 – 40] Side Rock, Recover, Weave, Lunge, Recover, Weave ¼ R

1, 2, 3& 4      Rock R, to R, Recover L, Step R behind L, Step L to L, Cross R over L  
5, 6, 7& 8      Lunge L to L, Recover R, Step L behind R, ¼ R on R, Step L to L

## [41 – 48] Cross, Hold, ¼, Side, Cross, Step R, Hold, Ball Side Rock, Recover

1, 2, 3& 4      Cross R over L, Hold, ¼ R stepping back on L, Step R to R, Cross L over R  
5, 6, &7, 8      Step R to R, Hold 6 (as you raised your hands to touch the clouds), Quickly step on ball of L,  
Side Rock R to R, Recover L

## [49 – 56] ¼ Left, Hold ¼ Left Side, Recover, ¼ Right, ¼ Right , Side, recover

1, 2, 3, 4      ¼ L stepping R to R, Hold, ¼ Turn L rocking L to side, Recover  
5, 6, 7, 8      ¼ R stepping L to L, Hold, ¼ turn R rocking R to side, Recover

## [57 – 64] Cross Rock, Recover, Side, Together, Side, Cross Rock, Recover, Side, Together, Side

1, 2, 3&4      Cross R over L, Recover, R side together side  
5, 6, 7&8      Cross L over R, Recover L side together side

## [65 – 72] Kick and Kick and Walk Walk, Kick and Kick step ¼ L (X4)

1 &, 2 &, 3, 4      Kick R, step R together, Kick L, Step L together, Walk R, Walk L  
5&, 6&, 7, 8      Kick R, step R together, Kick L Step L together, Step forward R, ¼ L

## [73 – 96] Repeat Counts 65 – 72 ...3 times Bringing you back to your original partner

Begin Again !!!