

Apocalypse Now

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Mattia Collaro (IT) - September 2013
音樂: Bible Belt - Travis Tritt : (CD: The Rocki'n Side - iTunes)



Start dancing on lyrics

SIDE SHUFFLE RIGHT, ROCK FORWARD, SIDE SHUFFLE LEFT, ROCK BACK

1&2 Shuffle right left right to the right side
3-4 Rock left forward, recover to right
5&6 Shuffle left right left to the left side
7-8 Rock right forward, recover to left

MONTEREY ½ TURN, HEEL SWITCH, TURN ¼ RIGHT, HEEL SWITCH

1-2 Right point to right side, turn ½ right and step right together
3-4 Left point to left side, step left together
5&6 Touch right heel forward, recover to right-left heel forward
&7 Recover to left with turn ¼ right, touch right back
&8 Recover to right-left heel forward

MONTEREY ½ TURN, HEEL SWITCH, TURN ¼ RIGHT, HEEL SWITCH, SCUFF

1-2 Right point to right side, turn ½ right and step right together
3-4 Left point to left side, step left together
5&6 Touch right heel forward, recover to right-left heel forward
&7-8 Recover to left with turn ¼ right, touch right back, brush right forward

CROSS ROCK & HOOK, KICK – KICK, CROSS ROCK & HOOK, KICK – FLICK, KICK, STOMP UP

1-2 Jumping cross right over and heel left up, step left to place and kick right forward
3-4 Jumping step back right and kick left forward, cross left over and heel right up
5-6 Jumping step right to place and kick left forward, step left to place and heel right up
7-8 Kick right forward, Stomp Up Right

KICK SIDE, STOMP UP, ROCK BACK, ROCK BACK, STEP ¾ TURN LEFT

1-2 Kick right right side, Stomp Up Right
3-4 Jumping rock right back, recover to left forward
5-6 Jumping rock right back, recover to left forward
7-8 Step right forward, turn ¾ left (weight to left)

GRAPEVINE RIGHT, SCUFF, FULL TURN TO LEFT, SCUFF

1-2 Step right side, cross left behind
3-4 Step right side, brush left forward
5-6 Turn ¼ left and step left forward, turn ½ left and step right back
7-8 Turn ¼ left and step left side, brush right forward

HEEL ROCK, RECOVER, HEEL ROCK ½ TURN, RECOVER, HEEL ROCK ¼ TURN - RECOVER (TWICE)

1-2 Rock right heel forward, recover to left
3-4 Rock right heel forward turn ½ right, recover to left
5-6 Rock right heel forward turn ¼ right, recover to left
7-8 Rock right heel forward turn ¼ right, recover to left

ROCK BACK, RECOVER, STOMP TWICE, JUMPING CROSS TURN ½, HOLD

1-2 Jumping rock right back, recover to left forward

3-4 Right Stomp, Right stomp
5-6 Jump feet apart landing right-left, return feet right cross over left
7-8 Turn ½ right, Hold.

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