

Only Young

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Laura Hilbert (UK) - September 2013
音樂: We Own the Night - The Wanted



Count in: 24 secs - Notes: NO Tags and NO Restarts

[1-8] Right side, behind and in front, step right, Left sailor making ¼ turn left, kick right step out out.

1 2&3 4 Step right to right side (1), cross left behind right (2) step right to right side (&) cross left over right (3) big step to right side (4)

5&6 7&8 Making ¼ turn to the left (face 9.00), cross left behind right (5) step right slightly to right side (&) step left to left side (slightly forward) (6), kick right foot forward (7) step right out (&) step left to left out (8)

[9-16] Twist, heels toes heels, big step touch with a clap right, point left Monterey, rock right recover touch.

1&2 3 4 Twist both heels left (1) twist both toes left (&) twist both heels left (2), big step on the right to right side (3) touch left beside right with a clap (4)

5 6 7&8 Point left to left side (5), making a full turn over left shoulder weight transferring on the left (6), rock right to right side (7) recover weight on the left (&) touch right beside left (8)

[17-24] Right Dorothy step, Left Dorothy step, making ¾ turn over right shoulder, step ball change , ball change , ball change.

1 2& 3 4& Step right diagonally forward (1), step left behind right (2), step right slightly to right side (&), step left diagonally forward (3) step right behind left (4) step left slightly to left side (&)

5&6&7&8 Making ¾ turn over right shoulder , Step forward on the right (5) step on left ball (&) step forward on right (6) step on left ball (&) step forward on the right (7) step on left ball (&) step forward on the right (8) (facing 6.00)

[25-32] Point left and right, heel forward and touch. Step right touch left (clap), step left touch right (clap)

1&2&3&4 Point left to left side (1), step left beside right (&), point right to right side (2) step right beside left (&) left heel forward (3) step weight on left beside right(&), touch right beside left (4)

5 6 7 8 Step right to right side (5) touch left beside right with a clap (6), step left to left side (7) touch right beside left with a clap (8)

[33-40] Rocking chair, forward and back and forward and step right to right side, sailor ½ turn left, step ½ turn step.

1&2&3&4 Rock right forward across left (1), recover weight on the left (&) rock right back (2), recover weight on the left (&) rock right forward across left (3) recover weight on the left (&) step right to right side (4)

5&6 7&8 Making ½ turn over left shoulder, cross left behind right (5) step right to right side (&), step left to left side slightly forward (6) (facing 12.00) , Step forward on the right (7) pivot ½ turn over left shoulder weight on left (&), step forward on the right (8) (facing 6.00)

[41-48] Making a full turn over right shoulder step left, right, rock forward left, recover, back, basic box step-side together back, side together forward.

1 2 3&4 Turning a full turn over right shoulder step Left (1) , right (2), rock forward on the left (3) recover weight on the right (&), step back on the left (4) (facing 6.00)

5&6 7&8 Step right to right side (5) step left to right (&), step right foot back (6), step left to left side (7) step right to left (&) step forward on the left (8)

[49-56] Making a full turn over right shoulder step right, left, side together side, Point left out, in out, stomp, kick making ¼ turn left. (3.00)

1 2 3&4 Making a full turn over right shoulder step right (1), left (2), step right to right side (3) step left beside right (&) step right to right side (4) (facing 6.00)

5&6 7 8 Point left to left side (5) touch left beside right (&) point left to left side (6) stomp left beside right (7) kick left foot forward making ¼ turn left (8) (facing 3.00)

[57-64] Point left forward, point left side, left coaster step, point right to right side Monterey, rock left , recover, cross.

1 2 3&4 Point left foot forward (1), point left foot to left side (2), step back on the left (3) step right beside left (&) step forward on the left (4)

5 6 7&8 Point right to right side (5) full turn over right shoulder transferring weight on the right (6), rock left to left side (7) recover weight on the right (&) cross left over right (8) (facing 3.00)

START AGAIN!

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