

Exceptional

拍數: 32 牆數: 2 級數: Improver
編舞者: Claire Butterworth (UK) - September 2013
音樂: Exceptional - China Anne McClain : (from "A.N.T Farm", Original TV Soundtrack - iTunes)



16 Count Intro' from the beginning of vocals

Section 1 – Right & Left Dorothy Steps, Forward Rock, Coaster Step

- 1 2& Step right forward to right diagonal, lock left behind right, step right forward to right diagonal.
- 3 4& Step left forward to left diagonal, lock right behind the left, step left forward to left diagonal.
- 5 6 Rock forward on right, recover weight onto left.
- 7&8 Step back on right, step left beside right, step right forward.

Section 2 – (Syncopated Monterey ¼ Turn Left, Walk Forward) x2.

- 1&2 Point left toe to left side, step left beside right making a quarter turn left, point right toe to right side.
- &3 4 Step right beside left, walk forward Left, Right
- 5&6 Point left toe to left side, step left beside right making a quarter turn left, point right toe to right side.
- &7 8 Step right next to left, walk forward Left, Right

Section 3 – (Forward Rock, Shuffle ½ Turn) x2.

- 1 2 Rock forward on left, recover weight onto right.
- 3&4 Make a half turn left stepping on left, right, left.
- 5 6 Rock right forward, recover weight onto left.
- 7&8 Make a half turn right stepping on right, left, right.

Section 4 – (Side Rock, Close) x2, Jazz Box.

- 1 2& Rock left to left side, recover weight onto right, step left beside right.
- 3 4 Rock right to right side, recover the weight onto left.
- 5 6 Cross right over left, step back on left.
- 7 8 Step right to right side, Step forward on the left.

Begin Again.

dancemad@hotmail.com