

# Manic Monday

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Liyu Kuo - September 2003  
音樂: Manic Monday - The Bangles



Intro: 36 counts from the first beat of music about 19 sec.  
Start dancing when she starts singing.

## S1: Bump twice to right, Bump twice to left, Cross, Unwind 1/2turn L, Sway twice R L

1&2      Step R to R and Bump twice to R  
3&4      Step L to L and Bump twice to L  
5 6      Point R cross over L (5), Unwind 1/2turn L(&) and Finish on L(6) (6:00)  
7 8      Sway to R and Sway to L

## S2: Samba Walk FwLR; Samba Walk FwRL

1&2      Step R cross over L(1), L Side rock(&) and Recover on R (2)  
3 4      Walk Fw L R  
5&6      Step L cross over R(3), R Side rock (&) and Recover on L(4)  
7 8      Walk Fw R L

## S3: Charleston step, Step R Fw 1/2 Pivot turn, Step R Fw 1/4 Pivot turn

1 2      Step R Fw, Kick L Fw  
3 4      Step L back, Point R back  
5 6      Step R Fw, 1/2turn L weight on L (12:00)  
7 8      Step R Fw, 1/4turn L weight on L (9:00)

## S4: Step R to R, Rock L cross behind R, Recover on R; Reverse on L side, Step R Fw, Spin full turn L, Shuf?e Fw L R L

1 2&      Step R to R(1), Rock L cross behind R(2), Recover on R (&)  
3 4&      Step L to L(3), Rock R cross behind L(4), Recover on L (&)  
5 6      Step R Fw(5), Spin full turn L(6) L foot up beside R inner ankle) (9:00)  
7&8      Shuf?e Fw L R L

Repeat again !

## Tag: 4 Counts

1 2 3 4      Step R to R, L Touch beside R; Step L to L, R Touch beside L.

\*\*Finishing Wall 3 facing 9:00 Add Tag

\*\*Finishing Wall 6 facing 6:00 Add Tag

\*\*Ending: Wall 10 S4 facing 6:00:-

Dance to Count 4& then Step R Fw (5)

1/2 Pivot Turn L weight on L(6) Step R Fw(7) Hold (8).(12:00)

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