

Manic Monday

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Liyu Kuo - September 2003
音樂: Manic Monday - The Bangles



Intro: 36 counts from the first beat of music about 19 sec.
Start dancing when she starts singing.

S1: Bump twice to right, Bump twice to left, Cross, Unwind 1/2turn L, Sway twice R L

1&2 Step R to R and Bump twice to R
3&4 Step L to L and Bump twice to L
5 6 Point R cross over L (5), Unwind 1/2turn L(&) and Finish on L(6) (6:00)
7 8 Sway to R and Sway to L

S2: Samba Walk FwLR; Samba Walk FwRL

1&2 Step R cross over L(1), L Side rock(&) and Recover on R (2)
3 4 Walk Fw L R
5&6 Step L cross over R(3), R Side rock (&) and Recover on L(4)
7 8 Walk Fw R L

S3: Charleston step, Step R Fw 1/2 Pivot turn, Step R Fw 1/4 Pivot turn

1 2 Step R Fw, Kick L Fw
3 4 Step L back, Point R back
5 6 Step R Fw, 1/2turn L weight on L (12:00)
7 8 Step R Fw, 1/4turn L weight on L (9:00)

S4: Step R to R, Rock L cross behind R, Recover on R; Reverse on L side, Step R Fw, Spin full turn L, Shuf?e Fw L R L

1 2& Step R to R(1), Rock L cross behind R(2), Recover on R (&)
3 4& Step L to L(3), Rock R cross behind L(4), Recover on L (&)
5 6 Step R Fw(5), Spin full turn L(6) L foot up beside R inner ankle (9:00)
7&8 Shuf?e Fw L R L

Repeat again !

Tag: 4 Counts

1 2 3 4 Step R to R, L Touch beside R; Step L to L, R Touch beside L.

**Finishing Wall 3 facing 9:00 Add Tag

**Finishing Wall 6 facing 6:00 Add Tag

**Ending: Wall 10 S4 facing 6:00:-

Dance to Count 4& then Step R Fw (5)

1/2 Pivot Turn L weight on L(6) Step R Fw(7) Hold (8).(12:00)

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