

Black Heart

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Rosalind (MY) - September 2013
音樂: Black Heart - Stooshe



Intro: 16 counts

(S.1) R SIDE STEP, BEHIND, R FWD ¼ R TURN, FWD LOCK STEPS, ½ PIVOT L TURN, FULL TURN, FWD

- 1-2&3&4 Step RF to right side, step LF behind RF, step RF fwd with ¼ R turn, step LF fwd, lock RF behind LF, step LF fwd
5-6-7&8 Step RF fwd, ½ pivot turn L, ½ turn L by stepping RF back, ½ turn L by stepping LF fwd, step RF fwd (9 o'clock)

(S.2) L FWD, KICK BALL STEP, R FWD MAMBO, STEP LF BACK, COASTAL CROSS

- 1-2&3 Step LF fwd, kick RF fwd, step RF beside LF, step LF fwd
4&5 Rock RF fwd, recover on LF, step RF back
6-7&8 Step LF back, step RF back, step LF beside RF, cross RF over LF (9 o'clock)

(S.3) L SIDE ROCK CROSS, R SCISSORS CROSS, L SIDE STEP, CROSS BEHIND, UNWIND ¼ R TURN, L SIDE STEP

- 1&2 Rock LF to the left, recover on RF, cross LF over RF
3&4 step RF to right side, step LF beside RF, cross RF over LF
5-6-7-8 Step LF to left side, cross RF behind LF, unwind ¼ R, step LF to left side (6 o'clock)

(S.4) TRAVELLING BACK R & L SAILORS, CROSS ROCK, CHASSE ¼ R TURN

- 1&2 Cross RF behind LF, step LF to left side, step RF to right side
3&4 Cross LF behind RF, step RF to right side, step LF to left side
5-6-7&8 Rock RF across LF, recover on LF, step RF to right side with ¼ R turn, step LF beside RF, step RF to right side (9 o'clock)

(S.5) CROSS, R SIDE STEP, L SAILOR WITH HEEL TOUCH, STEP LF PLACE, CROSS, L SIDE STEP, L SAILOR WITH HEEL TOUCH, STEP RF IN PLACE

- 1-2 Cross LF over RF, step RF to right side
3&4& Cross LF behind RF, step RF beside LF, touch Left Heel to left diagonal, step LF in place
5-6 Cross RF over LF, step LF to left side
7&8& Cross RF behind LF, step LF beside RF, touch Right Heel to right diagonal, Step RF in place (9 o'clock)

(S.6) CROSS ROCK, L CHASSE ¼ L, R FWD ROCK, TRIPPLE FULL TURN R

- 1-2-3&4 Rock LF across RF, recover on RF, step LF to left side, step RF beside LF, step LF fwd with ¼ L turn
5-6 Rock RF fwd, recover on LF,
7&8 Right triple step on the spot making full turn right (RLR) (6 o'clock)

(S.7) L FWD ROCK, BACK LOCK STEP, BACK, KICK, COASTAL STEP

- 1-2-3&4 Rock LF fwd, recover on RF, step LF back, lock RF across LF, step LF back
5-6&7-8 Step RF back, kick LF fwd, step LF back, step RF beside LF, step LF fwd (6 o'clock)

(S.8) ¼ PIVOT L TURN, CROSS SHUFFLE, L SIDE STEP, DRAG RF, KICK BALL CROSS

- 1-2-3&4 Step RF fwd, ¼ pivot turn left, cross RF over LF, step LF to left side, cross RF over LF
5-6-7&8 Long step LF to left side, drag RF towards LF, kick RF to right diagonal, step RF beside LF, cross LF over RF (3 o'clock)

START AGAIN!

No Tag, no Restart. Enjoy!!

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