# Raising A Lady (Official Dance)



拍數: 32 牆數: 4 級數: Improver

編舞者: M. Vasquez (UK) - September 2013

音樂: Raising a Lady - Tennessee: (Album: From Me To You - iTunes)



### Tag and Restarts Information:

Wall 2: Complete steps 1-32 and add Tag 1

Wall 4: Complete steps 1-12 (exclude the '&' count after the 12th step) add Tag 2 and Restart dance.

Dance starts on main vocal – for those that feel energetic you can add a hop every time there is a 'hitch' step.

## Section 1 (Counts 1-8&)

1&2&	Step R foot to R side. Step L next to R. Step R foot to R side and turn ½ R and hitch L knee
3&4&	Step L foot to L side. Step R next to L. Step L foot to L side. On ball of L foot turn $\frac{1}{2}$ R and hitch R knee
5&6&	Step R foot forward. Step L foot next to R. Step R foot forward. Hitch L knee
7&8&	Step L foot forward. Step R foot next to L. Step L foot forward. Hitch R knee

### Section 2 (Counts 9-16&)

9&10&	Step R foot to R side. Return weight to L foot. Cross step R foot in front of L. Hold for 1 beat
11&12&	Step L foot to L side. Return weight to R foot. Cross step L foot in front of R. Step R foot to R side turning R heel out.
13&14&	Twist both toes out (knees open). Twist both heels out (knees closed). Twist both toes out (knees open). Hold for one beat
15&16&	Twist both heels out (knees closed). Twist both toes out (knees open). Twist both heels out (knees closed). Hold for 1 beat

### Section 3 (Counts 17-24&)

17&18&	Cross R foot over L. Step L foot to L side. Cross R foot over L and Hold for 1 beat
19&20&	Step L foot to L side. Return weight to R foot. Cross step L foot in front of R. Hold for 1 beat.
21&22&	Step R foot to R side. Step L next to R. Step R foot to R side and turn ½ R and hitch L knee
23&24&	Step L foot to L side. Step R next to L. Step L foot to L side. On ball of L foot turn 1/2 R and
	hitch R knee

#### Section 4 (Counts 25-32)

25&26&	Step R foot forward. Hitch L knee and Hop on the spot (12 o'clock). Turn ½ R, stepping onto L foot hitch R knee and hop on the spot (6 o'clock)
27&28&	Step R foot in place. Hitch L knee and hop on the spot (6 o'clock). Turn $\frac{1}{2}$ R, stepping onto L foot hitch R knee (12 o'clock)
29&30&	Step R foot back. Step L next to R. Step R foot forward. Rock onto L foot to L side
31&32	Recover back on R foot turning ¼ L, step onto L foot. Touch R next to L.

## Tag 1 (4 Counts)

1-4 Click heels together twice. Clap hands twice

### Tag 2 (4 Counts)

1-4 Step R foot to R side. Touch L next to R. Step L foot to L side. Touch R next to L

Choreographer Contact: matt.vasquez@rocketmail.com