

Stop Me Now

拍數: 32 牆數: 4 級數: Improver
編舞者: Maggie Gallagher (UK) - August 2013
音樂: Can't Stop Me Now - Rod Stewart



Intro: 32 counts from start of vocals

S1: ROCK, ROCK & ROCK, ROCK, BACK, TOUCH, KICK BALL CROSS

1-2 Rock forward on right, Recover on left
&3-4 Step right next to left, Rock forward on left, Recover on right
5-6 Step back left, Touch right next to left
7&8 Kick right forward, Step right next to left, Cross left over right

S2: SIDE, TOUCH, KICK BALL CROSS, CHASSE L, ROCK BACK

1-2 Step right to right side, Touch left next to right
3&4 Kick left forward, Step left next to right, Cross right over left
5&6 Step left to left side, Step right next to left, Step left to left side
7-8 Rock back on right, Recover on left *Restart Wall 4

S3: CHASSE R, ROCK BACK, SIDE ROCK, BEHIND SIDE FWD

1&2 Step right to right side, Step left next to right, Step right next to left
3-4 Rock back on left, Recover on right
5-6 Rock left to left side, Recover on right
7&8 Cross left behind right, Step right to right side, Step forward left

S4: STEP ½ PIVOT, STEP ¼ PIVOT & JUMP, WALK, L SHUFFLE FWD

1-2 Step forward right, ½ pivot left [6:00]
3-4 Step forward right, ¼ pivot left [3:00]
&5-6 Jump forward right, Jump forward left, Walk forward right
7&8 Step forward left, Step right next to left, Step forward left

TAG: End Wall 2 [6:00] & end of Wall 6 [3:00]

1-2 Rock forward on right, Recover on left,
3-4 Rock back on right, Recover on left

RESTART: Wall 4 after 16 counts [9:00]

TAG: End Wall 10 [3:00]

1-2 Rock forward on right, Recover on left
3-4 Rock back on right, Recover on left
5-6 Step forward right, ½ pivot left
7-8 Step forward right, ½ pivot left

Last Revision - 19th Sept 2013