Still Hangin'



拍數: 32 牆數: 4 級數: Beginner

編舞者: Andy Williams (USA) - September 2013

音樂: I'm Still Hangin' - DeWayne Spaw: (CD: Starting Today)



(32 count intro, 1 Restart on 4th wall)

HEEL GRIND, RECOVER, COASTER STEP, STEP, TURN 1/2, KICK BALL STEP

1-2 Grind right heel forward, recover to left.

3&4 Step right back, step left next to right, step right forward.

5-6 Step left forward, turn ½ right. (weight on right)

7&8 Kick left forward, step left down, step right slightly forward.

NOTE: RESTART HERE ON 4TH WALL (facing 3o'clock)

STEP, LOCK, STEP, BRUSH, 1/4 TURN JAZZ BOX WITH BRUSH

1-4 Step left forward, lock right behind left, step left forward, brush right.

5-8 Step right across left, turning ¼ right, step left back, step right to side, brush left.

STEP CROSS, SIDE, BEHIND, SIDE, ROCK, RECOVER, COASTER STEP

Step left across right, right to side.
Step left behind right, right to side.
Rock left forward, recover to right.

7&8 Step left back, step right next to left, step left forward.

STEP, TURN 1/2, WALK, WALK, ROCK, RECOVER FORWARD AND BACK

1-2 Step right forward, turn ½ left.

3-4 Walk right, left.

5-6 Rock right forward, recover to left.7-8 Rock right back, recover to left.

End of dance, 1 easy restart hope you enjoy.

NOTE: for the Restart you have to change count 7 & 8 instead of a kick ball step, do a kick ball touch and then Restart.

Special Thank you to Yvonne Anderson for her suggestions

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