

# Her Name Was Lola

COPPERKNOB  
BY STEPHEN

拍數: 102      牆數: 2      級數: Phrased Intermediate  
編舞者: M. Vasquez (UK) - September 2013  
音樂: Copacabana - Barry Manilow



Tags and Restarts: 3 Tags and 1 Restart (All tags and Section B occur on the front wall, facing 12 O'clock)

Intro: Dance begins on the word 'Lola'

Dance Sequence: Wall 1 (Section A), Wall 2 (Section A and Tag), Wall 3 (Section A), Wall 4 (Section A, Tag, followed by Section B), Wall 5 Section A, Wall 6 (Section A and Tag), Wall 7 at the end of the four paddle turns restart dance

## Section A

### Rodeo Kicks, R Sailor Step, Rodeo Kicks, L Sailor Step

1-2            Kick R foot forward, Kick R foot to the side  
3&4           Cross R foot behind L, Step L foot to L side, Step R to place  
5-6           Kick L foot forward, Kick L foot to the side  
7&8           Cross L foot behind R, step R foot to R side, Step L to place

### Heel Digs, Side-Behind- ¼ Turn L, Step, Rock and Recover, L Coaster Step

9-10           Touch R heel diagonally forward twice  
11&12        Cross R foot behind L, Turn ¼ L stepping L foot forward, Step R foot forward  
13-14        Rock forward on L foot, Recover back on R foot  
15&16        Step L foot back, Step R foot next to L, Step L foot forward

### V-Step Forward, V-Step Back

17-18        Step R foot diagonally forward right. Step L foot to L side.  
19-20        Step R foot back to centre. Step L foot beside R.  
21-22        Step R foot diagonally backward R. Step L foot to L side.  
23-24        Step R foot back to centre. Step L foot beside R.

### Rock and Recover, Triple Step, Rock and Recover, Triple Step

25-26        Rock R foot to R side. Recover onto L foot.  
27&28        Triple right-left-right on the spot  
29-30        Rock L foot to L side. Recover onto R foot  
31&32        Triple left-right-left on spot

## Paddle Turns

33-34        Touch R toe forward, turn ¼ L and roll hips in anti-clockwise direction  
35-36        Touch R toe forward, turn ¼ L and roll hips in anti-clockwise direction  
37-38        Touch R toe forward, turn ¼ L and roll hips in anti-clockwise direction  
39-40        Touch R toe forward, turn ¼ L and roll hips in anti-clockwise direction

### Vine R and Shimmy, Side-Behind- ¼ Turn L, Touch

41-42        Step R to R side, Cross L behind R  
43-44        Step R to R side, Touch L toe next to R  
45-46        Step L foot to L side, Cross R behind L, turn ¼ L and touch R toe next to L (shimmy as you go)

## Section B

1-8           Vine R and Shimmy and Vine L and Shimmy  
9-16         Vine R and Shimmy and Vine L and Shimmy

17-20 Step R forward on the diagonal, Step L next to R, Step R forward on the diagonal, Touch L next to R  
21-24 Step L forward on the diagonal, Step R next to L, Step L forward on the diagonal, Touch R next to L  
25-28 Step R backwards on the diagonal, Step L next to R, Step R backwards on the diagonal, Touch L next to R  
29-32 Step L backwards on the diagonal, Step R next to L, Step L backwards on the diagonal, Touch R next to L  
33-40 Vine R and Shimmy and Vine L and Shimmy  
41-48 V-Step Forward, V-Step Backward  
49-56 V-Step Forward, V-Step backward

**Tag: See sequence**

1-8 V-Step Forward, V-Step Backward

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