

# She Wolf

COPPER KNOB  
BY STEPHENETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Christa Thomas (USA) - September 2013  
音樂: She Wolf - Shakira : (CD: Single - iTunes)



Dance begins on the vocals of the first verse

**ROCK SIDE RIGHT ON RIGHT, RECOVER TO LEFT, STEP RIGHT TOGETHER, TAKE BIG STEP LEFT FORWARD, STEP RIGHT TOGETHER**

1-2&3-4      Rock right side, recover to left, step right together, left big step forward, step right together

**LEFT ROCKING CHAIR**

5-6-7-8      Rock left forward, recover to right, rock left back, recover to right

**LEFT PIVOT ½, LEFT CROSS OVER RIGHT, RIGHT POINT SIDE RIGHT**

1-2-3-4      Step left forward, pivot ½ on right, cross left over, touch right side

**RIGHT CROSS OVER LEFT, LEFT STEP LEFT TO SIDE, RIGHT CROSS SHUFFLE**

5-6-7&8      Cross right over, step left side, quickly cross right over, step left side, cross right over

**LEFT ROCK SIDE LEFT, RECOVER TO XXX, LEFT SAILOR TURN ¼ RIGHT, LEFT CROSS OVER RIGHT**

1-2-3&4      Rock left side, recover to right, cross left behind, step right ¼ turn to the right, step left together

**RIGHT TOUCH SIDE RIGHT, RIGHT CROSS OVER LEFT, RIGHT SIDE RIGHT, RIGHT CROSS BEHIND LEFT**

5-6-7-8      Touch right side, cross right over, touch right side, cross right behind

**LEFT STEP LEFT TO SIDE, RIGHT HITCH, 2 RIGHT HIP BUMPS**

1-2-3&4      Step left side, cross right knee to left hip, stepping right down push right hip to right side twice

**2 LEFT HIP BUMPS, RIGHT KNEE TURN IN TO LEFT, RIGHT KNEE OUT TURN ¼ RIGHT WITH LEFT FLICK**

5&6-7-8      Hip left to left side twice, turn right knee in toward left knee, roll right knee out ¼ turn to the right flipping the left up

**STEP LEFT FORWARD RIGHT, LEFT KICK BALL TOUCH**

1-2-3&4      Walk forward two steps on left then right, kick left forward, step down on the ball of the left, touch right side

**RIGHT SYNCOPATED STEP LOCK, LEFT STEP, RIGHT HITCH**

5-6&7-8      Step right forward, lock left behind, step right together, step left forward, lift right knee up

**RIGHT JAZZ SQUARE**

1-2-3-4      Cross right over, step left back, step right back to right side

**LEFT JAZZ TURN ¼ RIGHT, RIGHT COASTER STEP**

4-5-6-7&8      Cross left over, step back turn ¼ right on right, step left back to left side, step right back, step left together, step right forward

**\*Restart here on wall 2\***

**STEP LEFT FORWARD RIGHT, LEFT SHUFFLE FORWARD**

1-2-3&4      Step left forward and right, step left forward, step right together, step left forward

**RIGHT ROCK FORWARD, RECOVER, CAMEL WALK BACK RIGHT LEFT**

5-6-7-8      Rock right forward, recover to left, strut back two steps on right and left feet

**RIGHT ROCK BACK, RECOVER, RIGHT PIVOT ½, STEP RIGHT**

1-2-3&4      Rock right back, recover to left, step right forward, turn ½ left, step right forward

**360 WALK AROUND LEFT RIGHT LEFT WITH TOUCH, LEFT SCISSOR**

5&6-7&8

Walk all the way around three steps to the right touching on the left and taking weight on the right, step left side, step right together, cross left over

**REPEAT**

**Restart on second wall after 48 counts**

**Contact: email: [jus1christyle@yahoo.com](mailto:jus1christyle@yahoo.com)**

---