

Ten Years of Rocking

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Don Pascual (FR) - September 2013
音樂: Ten Years of Rockin' (P-51 Airplanes)



Start on vocals

Section 1: Vine to the R, L kick ,together, R kick, together, L hook behind R + slap

1-4 Step R to the R, cross L behind R, step R to the R, L kick forward (R diagonal)
5-6 L beside R, R kick forward (L diagonal)
7-8 R beside L, L hook behind R + slap

Section 2: Vine to the L, R kick ,together, L kick, together, R hook behind L + slap

1-4 Step L to the L, cross R behind L, step L to the L, R kick forward (L diagonal)
5-6 R beside L, L kick forward (R diagonal)
7-8 L beside R, R hook behind L + slap

Section 3: Step R fwd (R diago), together, swivel, step L fwd (L diago), together, swivel

1-4 Step R forward (R diagonal), bring L beside R, swivel both heels to the R, recover to center
5-8 Step L forward (L diagonal), bring R beside L, swivel both heels to the L, recover to center

Section 4: Point R to the R, R hitch making a L ¼ T, syncopated jump out fwd, clap, syncopated jump in backward, knee pop

1-2 Point R toe to the R, R hitch beside L making a L ¼ T
&3-4 Syncopated jump out forward (R, L), clap
&5-6 Syncopated jump in backward (R, L), clap
7-8 Bend both knees (lifting your heels), recover

Final: End wall 13 (9h00), cross R over L and make a ¾ T to the L

Enjoy and start again...

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