Ten Years of Rocking

拍數: 32

級數: Beginner

編舞者: Don Pascual (FR) - September 2013

音樂: Ten Years of Rockin' (P-51 Airplanes)

| Start on vocals | |
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| Section 1:Vine to the R, L kick ,together, R kick, together, L hook behind R + slap | |
| 1-4 | Step R to the R, cross L behind R, step R to the R, L kick forward (R diagonal) |
| 5-6 | L beside R, R kick forward (L diagonal) |
| 7-8 | R beside L, L hook behind R + slap |
| Section 2: Vine to the L, R kick ,together, L kick, together, R hook behind L + slap | |
| 1-4 | Step L to the L, cross R behind L, step L to the L, R kick forward (L diagonal) |
| 5-6 | R beside L, L kick forward (R diagonal) |
| 7-8 | L beside R, R hook behind L + slap |
| Section 3: Step R fwd (R diago), together, swivel, step L fwd (L diago), together, swivel | |
| 1-4 | Step R forward (R diagonal), bring L beside R, swivel both heels to the R, recover to center |
| 5-8 | Step L forward (L diagonal), bring R beside L, swivel both heels to the L, recover to center |
| Section 4: Point R to the R, R hitch making a L ¼ T, syncopated jump out fwd, clap, syncopated jump in | |
| backward, knee pop | |
| 1-2 | Point R toe to the R, R hitch beside L making a L $\frac{1}{4}$ T |
| &3-4 | Syncopated jump out forward (R, L), clap |
| &5-6 | Syncopated jump in backward (R, L), clap |
| 7-8 | Bend both knees (lifting your heels), recover |
| Final: End wall 13 (9h00), cross R over L and make a ¾ T to the L | |
| Enjoy and start again | |

Enjoy and start again...

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牆數:4