

Soft Top

拍數: 32 牆數: 2 級數: Improver
編舞者: Kathryn Rowlands (WLS) - September 2013
音樂: Ragtop - Brother Phelps : (CD: Anyway The Wind Blows)



16-count intro from heavy beat - Dance rotates in CW direction

[1-8] Right Forward Rocking Chair; Weave Left.

- 1-4 Rock forward on right foot, recover back on left foot; rock back on right foot, recover forward on left foot.
- 5-8 Cross right foot over left foot, step left foot to left, cross right foot behind left foot, step left foot to left. (12:00)

[9-16] Right Diagonal Rocking Chair; Pivot Turn, Step, Pause.

- 1-4 Facing 1/8 left, rock forward on right foot, recover back on left foot; rock back on right foot, recover forward on left foot.
- 5-8 On ball of right foot step-pivot 1/8th turn left, weight onto left foot; step right foot forward, pause. (9:00)

[17-24] Pivot Turn, Step, Pause; Quarter-Turn Monterey.

- 1-4 Step left foot forward, pivot 1/2 turn right, weight onto right foot; step left foot forward, pause.
- 5-8 Point right foot to right; 1/4 turn right, sweeping right foot to step beside left foot; point left foot to left; step left foot beside right foot. (6:00)

[25-32] Quarter-Turn Monterey; Pivot Turn, Two Steps Forward.

- 1-4 Point right foot to right; 1/4 turn right, sweeping right foot to step beside left foot; point left foot to left; step left foot beside right foot.
- 5-8 Step right foot forward, pivot 1/4 turn left; step forward on right foot, step forward on left foot. (6:00)

Begin again. - Smile!

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