

Neon Lights

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Wil Bos (NL) & Roz Chaplin (UK) - September 2013
音樂: Neon Lights - Demi Lovato : (Album: Demi)



Start after 33 sec. on heavy beat

Side, Behind, &, Heel, &, Cross, ¼ Turn, ¼ Turn, Cross Shuffle

1-2& RF step side, LF cross behind, RF step side
3&4 LF touch heel left forward, LF step beside, RF cross over
5-6 LF ¼ right and step back, RF ¼ right and step side
7&8 LF cross over, RF step side, LF cross over [6]

Side, Behind, &, Heel, &, Cross, Side, Together, Shuffle Forward

1-2& RF step side, LF cross behind, RF step side
3&4 LF touch heel left forward, LF step beside, RF cross over
5-6 LF step side, RF together
7&8 LF step forward, RF step beside, LF step forward [6]

Forward Rock, Coaster Step, Step Pivot ½ Turn, Full Turn

1-2 RF rock forward, LF recover
3&4 RF step back, LF together, RF step forward
5-6 LF step forward, L+R ½ turn right
7-8 LF ½ right and step back, RF ½ right and step forward [12]

Left, Touch, Right, Touch, Kick Ball Change, Step Pivot ¼ Turn

1-4 LF step side, RF touch beside, RF step side, LF touch beside
5&6 LF kick forward, LF step beside on ball foot, RF step beside
7-8 LF step forward, L+R ¼ turn right [3]

Walk, Walk, Scissor Step, Side, Behind, Chassé ¼ Turn

1-2 LF walk forward, RF walk forward
3&4 LF step side, RF together, LF cross over
5-6 RF step side, LF cross behind
7&8 RF step side, LF together, RF ¼ right and step forward [6]

Forward Rock, Step, Touch, Jazz Box, Cross

1-2 LF rock forward, RF recover
3-4 LF step back beside RF, RF touch beside
5-8 RF cross over, LF step back, RF step side, LF cross over [6]

Side, Together, Right Chassé, Jazz Box, Cross

1-2 RF step side, LF together
3&4 RF step side, LF together, RF step side
5-8 LF cross over, RF step back, LF step side, RF cross over [6]

Side Rock, Left Sailor Step, Right Sailor Step, Behind, Side, Cross

1-2 LF rock side, RF recover
3&4 LF cross behind, RF step beside, LF step side
5&6 RF cross behind, LF step beside, RF step side
7&8 LF cross behind, RF step side, LF cross over [6]

Start again

Restarts: Dance the 2nd and 5th wall up to and including count 44 (count 4 of the 6th section) and start again.
