

# Heart-Shaped

**COPPER KNOB**  
STEPPEDETS

拍數: 32      牆數: 2      級數: Improver

編舞者: Harold Grimshaw (UK) - September 2013

音樂: Shape up Heart (feat. John Permenter & Sean Kenny) - The Hayley Oliver Band :  
(CD: Abinger Grove)



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## Section 1: Kick ball touch, Side, Touch, Right Chasse, Back Rock

1&2      Kick RIGHT fwd, Step on RIGHT, Touch LEFT across Rt

3-4      Step LEFT to Lt side, Touch RIGHT next to Lt

### \*Restart here (10th sequence) (6 o'clock)

5&6      Step RIGHT to Rt, Close LEFT next to Rt, Step RIGHT to Rt

7-8      Step LEFT back, Rock fwd onto RIGHT

## Section 2: Step pivot ½ Rt (x2), Grapevine ¼ Lt, Scuff

1-2      Step LEFT fwd, Pivot ½ RIGHT

3-4      Step LEFT fwd, Pivot ½ RIGHT

5-6      Step LEFT to Lt, Step RIGHT behind Lt

7-8      Step LEFT ¼ Lt, Scuff RIGHT forward (9 o'clock)

## Section 3: Shuffle fwd, Step/Pivot ¾ Rt, Weave Right

1&2      RIGHT Shuffle forward

3-4      Step LEFT fwd, Pivot ¾ RIGHT (6 o'clock)

5-6      Step LEFT to Left, Step RIGHT behind Left

7-8      Step LEFT to Left, Step RIGHT over Left

## Section 4: Side, Drag (x2), Left Chasse, Back Rock

1-2      Step LEFT (long) to Left, Drag (Touch) RIGHT next to Left

3-4      Step RIGHT (long) to Right, Drag (Touch) LEFT next to Right

### Note: Arms

1-2 Swing arms to LEFT, Click fingers

3-4 Swing arms to RIGHT, Click fingers

5&6      Step LEFT to Lt, Close RIGHT next to Lt, Step LEFT to Lt

7-8      Step back onto RIGHT, Rock forward onto LEFT

\*NOTE: RESTART is just repeating counts 1-4, then continue (count 5)

Finish facing front after 2 half pivots (count 12) - hand(s) on heart (optional)

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