

Rumba Feelings

拍數: 32 牆數: 4 級數: Improver
編舞者: Tan Candy (SG) & William Sevone (UK) - September 2013
音樂: Feelings - Orchester Werner Tauber & John Marshall



Start after 8 counts from first heavy beat

Section 1: Forward Hold, R Chasse Hold, Cross Rock

1-2 Step forward on L, hold
3-4 Step R to R side, step L beside R
5-6 Step R to R side, hold
7-8 Cross rock L over R, recover weight on R

Section 2: ¼ Turn, Ronde, Cross Side Behind, Ronde, Behind, ¼ Turn

1-2 Step forward on L making ¼ turn L (9:00), ronde R from back to front
3-4 Cross R over L, step L to L side
5-6 Step R behind L, ronde L from front to back
7-8 Step L behind R, step forward on R making ¼ turn R (12:00)

Section 3: Forward Hold, Sway x3, Hold, Step Pivot ½ Turn

1-2 Step forward on L, hold
3-4 Step R to R side & sway hips R, sway hips L
5-6 Sway hips R, hold
7-8 Step forward on L, pivot ½ turn R taking weight on R (6:00)

Dance Finish: See note below

Section 4: ¼ Turn Hold, ¼ Turn Back Back, ¼ Turn Touch, Step Lock

1-2 Turn ¼ R & step L to L side (9:00), hold
3-4 Turn ¼ R & step back on R (12:00), step back on L
5-6 Turn ¼ R & step R to R side (3:00), touch L beside R
7-8 Step forward on L, lock R behind L

REPEAT

Dance Finish - Do the following after Section 3 of Wall 7 (facing 12:00)

The music slows to half tempo (approx. 50 bpm) at this point ... follow the music ...

1 Raising L knee – step L diagonally forward R
2 Raising R knee – step R diagonally forward L
3-4 Step L to L side & sway hips L, sway hips R
5-8 Repeat counts 1-4
9-10 Raising L knee – step L diagonally forward R, hold

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