

Alone In The Crowd

COPPER **KNOB**
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Caroline Cooper (UK) & Roz Chaplin (UK) - September 2013
音樂: Alone In The Crowd - Natalia : (CD: Overdrive)



SECTION 1: SIDE HOLD, & SIDE TOUCH, SIDE HOLD, & SIDE TOUCH

1-2 Step right to right side, hold
&3-4 Bring left next to right, step right to right side , touch left next to right
5-6 Step left to left side, hold
&7-8 Bring right next to left, step left to left side, touch right next to left (12)

SECTION 2: BACK ROCK, SHUFFLE HALF, BACK ROCK ½ TURN, ½ TURN

1-2 Rock back right, recover weight left
3&4 Half turn left stepping back right, bring left next to right, step back right
5-6 Rock back left, recover weight right
7-8 Half turn right, stepping back left, half turn right stepping forward right (optional walk L&R)(6)

SECTION 3: STEP HOLD, & STEP TOUCH, POINT FORWARD, POINT SIDE, BEHIND, SIDE, CROSS

1-2 Step forward left, hold
&3-4 Bring right next to left, step forward left, touch right next to left
5-6 Point right toe forward, point right to right side
7&8 Step right behind left, step left to left side, cross right over left (6)

SECTION 4: DIAGONALLY STEP FORWARD LEFT, KICK, SHUFFLE BACK, TOUCH UNWIND, STEP ½ TURN, STEP ¼ PIVOT LEFT

1-2 Step forward left on left diagonal, kick right forward
3&4 Step back right, bring left up to right, step back right
5-6 Point left toe behind, unwind half pivot turn left
7-8 Step forward right, ¼ pivot turn left (6)

SECTION 5: WALK, WALK, STEP, ANCHOR STEP, SIDE ROCK, CROSS SHUFFLE

1-2 Walk forward right, walk forward left
3&4 Cross right behind left, Step left in place, step slightly back on right
5-6 Rock left to left side, recover onto right
7&8 Cross left over right, step right to right side, cross left over right (6)

SECTION 6: SIDE, TOUCH, KICK BALL, CROSS, SIDE TOGETHER, ¼ SHUFFLE TURN

1-2 Step right to right side, touch left beside right
3&4 Kick left foot forward, step left beside right, cross right over left
5-6 Step left to left side, close right beside left
7&8 Shuffle step ¼ turn left, stepping- left, right, left (3)

SECTION 7: SIDE ROCK, ANCHOR STEP, COASTER STEP, STEP PIVOT ½ TURN

1-2 Rock right to right side, recover onto left
3&4 Cross right behind left, Step left in place, step slightly back on right
5&6 Step left back, step right beside left, step forward on left
7-8 Step right forward, pivot ½ turn left (9) (weight on left)

SECTION 8: RIGHT SHUFFLE FORWARD, FORWARD ROCK, RECOVER, SHUFFLE BACK, BACK ROCK

1&2 Step forward right, close left beside right, step forward on right
3-4 Rock forward on left, recover onto right
5&6 Step back on left, close right beside left, step back on left

7-8

Rock back on right, recover onto left

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