

# Cape of Our Hero

拍數: 32      牆數: 2      級數: High Beginner  
編舞者: Anja Brinch (DK) - September 2013  
音樂: Cape of Our Hero - Volbeat



Intro: 56 counts

**R diagonal step lock, step lock step, L diagonal step lock, step lock step**

1-2            Step R to R diagonal, lock L behind R  
3&4           Step R to R diagonal, lock L behind R, step R to R diagonal  
5-6           Step L to L diagonal, lock R behind L  
7&8           Step L to L diagonal, lock R behind L, Step L to L diagonal

**R Jazz box, R chasse, cross rock recover**

1-2            Cross R over L, step back on L  
3-4            Step R to R side, cross L over R  
5&6           Step R to R side, step L next to R, step R to R side  
7-8            Step L across R, recover on R

**L chasse ¼ turn, pivot ½ turn, side rock, cross shuffle**

1&2           Step L to L side, step R next to L, step L ¼ turn L  
3-4            Step R fw, pivot ½ turn left  
5-6            Rock R to R side, recover on L  
7&8            Cross R over L, step L to L, cross R over L

**Side rock, sailor ¼, pivot ½ turn, heel switches**

1-2            Rock L to L side, recover on R  
3&4            Cross L behind R turning ¼ L, step R to R side, chance weight to L  
5-6            Step R fw, pivot ½ turn left  
7&8&          Touch R heel forward, step R beside L, touch L heel forward, step L beside R

**Tags: Tag 1 after walls 1, 3, 4 – Tag 2 after wall 2**

**Tag 1: 8 counts - Grapevine R touch, grapevine L scuff**

1-2            Step R to R side, step L behind R  
3-4            Step R to R side, touch L next to R  
5-6            Step L to L side, step R behind L  
7-8            Step L to L side, scuff R next to L

**Tag 2: 16 counts – Grapevine R touch, grapevine L scuff, 4 x paddle turns L**

1-2-3-4       Step R to R side, step L behind R, Step R to R side, Touch L next to R  
5-6-7-8       Step L to L side, step R behind L, Step L to L side, Scuff R next to L  
1-2-3-4       Step R fw, paddle ¼ turn L, Step R fw, paddle ¼ turn L  
5-6-7-8       Step R fw, paddle ¼ turn L, Step R fw, paddle ¼ turn L

**Ending: Wall 10 dance first 8 counts and make pivot ½ turn Left**

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