

Rosana

COPPER KNOB
STEPSHEETS

拍數: 64
編舞者: OliSien (BEL) - September 2013
音樂: Rosana - Wax

牆數: 2

級數: Phrased Intermediate



Seq: A-B-B A-B-B A-B-B-B

A - 32 counts

[1-8] Vaudeville steps, heel switches, rock & step ¼ turn left

1&2&3&4 Step right over left, step left back, touch right heel fwd, step right, step left over right, step right back, touch left heel fwd
&5&6&7&8 Step left beside right, touch right heel fwd, step right beside left, touch left heel fwd, step left beside right, side step right (rock) turn ¼ left

[9-16] Step fwd, step fwd, mambo ½ turn left, step lock step, step lock step, step

1-2-3&4 Step left fwd, step right fwd, step left fwd, recover on right, ½ turn left, step left fwd
5&6&7&8 Step right fwd, lock left behind right, step right fwd, step left fwd, lock right behind left, step left fwd, step right fwd

[17-32] Repeat the first 16 counts, start with left foot

B - 32 counts

[1-8] Step fwd, step fwd, step lock step, rock fwd, recover side, & in & out

1-2-3&4 Step right fwd, step left fwd, step right fwd, lock left behind right, step right fwd
5&6&7&8 Step left fwd, recover on right, step left side, step right next to left, left next to right, right side right, left side left

[9-16] Swivel ¼ right, heel turn ½ left, sailor left, sailor right & step on left

1-2-3&4 Move hips left twice ¼ turn right, heels up & down while turning ½ to th left
5&6-7&8& Cross left behind right, step right side, recover on left, cross right behind left, step left side, recover on right & step left fwd

[17-24] Step fwd, step fwd, pivot step, triple step right (full turn), rock fwd, rock side ¼ turn right

1-2-3&4 Step right fwd, step left fwd, step right fwd, turn ½ left step on left, step right fwd
5&6-7&8& Turn ½ right on left, turn ½ right on right, step left, step right fwd, recover on left, step side on right, recover on left ¼ right

[25-32] Rock fwd, step side, weave to the right, 2 heels, heel, hook, flick back

1&2-3&4 Step right fwd, recover on left, step side on right, cross left over right, step side, step left behind
5&6&7&8& Right heel fwd, right next to left, left heel fwd, left next to right, right heel, hook right foot over left, right heel fwd, right foot flick back

Repeat

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