

Best Song Ever

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Beginner
編舞者: Kim Nolan (UK) - August 2013
音樂: Best Song Ever - One Direction



Intro: 16 (from main music)

WALK, SHUFFLE, WALK, SHUFFLE

(styling: make walks funky)

1-2 Walk forward left, right
3&4 Step L forward, Step R to instep of left, Step L forward
5-6 Walk forward right, left
7&8 Step R forward, Step L to instep of right, Step R forward

BACK, HITCH, BACK, HITCH, ROCK, FLICK, COASTER

1-4 Step back on L, Hitch R knee up, (make it funky so twist upper body right) Step back on R, Hitch L knee up (twist upper body left)
5-6 Rock back on L, Flick R foot up
7&8 Step back on R, Step L next to right, Step R forward, Turn ¼ left (9:00)

CROSS ROCK, SIDE CHASSE, CROSS ROCK, SIDE CHASSE

1-2 Cross L over right, recover weight to right
3&4 Step L to side, Step R together, Step L to side
5-6 Cross R over left, recover weight to left
7&8 Step R to side, Step L together, Step R to side

CROSS, POINT, CROSS, POINT, ROCK, KICK BALL CHANGE

1-4 Cross L over right, Point R to right, Cross R over left, Point L to left
5-6 L Rock forward, recover
7&8 Kick L foot forward, Step L ball of foot back in place, Step R in place

HIP ROCKS HITCH & TURN, HIP ROCKS, HITCH & TURN

1-3 Side Rock Hips to L, recover, Rock Hips L (sharp swing of arms at waist level (L,R,L))
4 Turn ¼ left & Hitch R knee up (6:00)
5-7 Side Rock Hips to R, recover, Rock Hips R (sharp swing of arms at waist level (R,L,R))
8 Turn ¼ right & Hitch L knee up (9:00)

WEAVE, KICK, BEHIND, TURN, SHUFFLE

1-4 Cross L over right, Step R to side, Cross L behind right, Kick R to right diagonal
5-6 Cross R behind left, Turn ¼ left Step onto L (6:00)
7&8 Step R fwd, Step L to instep of right, Step R fwd

Start again

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Dedicated to Luke Nolan and friends

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