

Sexy Trot

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Irene Cheuk (CAN) - August 2013
音樂: Sex Bomb - Tom Jones



Wait 1 bar (8 counts) music for Intro., then perform 24 counts (3 bars) "pre dance tag":

Bar 1: Sexy interpretation

1 2 3 4 Lh on L hip, Rh on R hip, weight on L: Flick R leg sideways 4 times.
5 6 7 8 Keep weight on L and Lh on hip: Touch forward R leg, perform a comb hair motion with Rh.

Bar 2: (Hands crossed) Trot steps – Side Rock Tap Close

1 2 3 4 Side step R / Recover L / Tap R / Step R little closer
5 6 7 8 Side step L / Recover R / Tap L / Step L little closer

Bar 3: Trot step / (Lh on hip, Rh up & wiggles) Side Together Chasse

1 2 3 4 Same as bar 2
5 6 7&8 Side step L / Together R / Side step L / Together R / Side step L

Main dance:

Bar 1: Pivot ½ Turn / Weave / Side Rock

1 2 Step forward R / Spin step L ½ turn left /
3 4 5 6 Step R to side / Step L behind / Step R to side / Cross step L
7 8 Step R to side / Recover L

Bar 2: (Lh on hip, Rh comb hair) Jazz Box ½ Turn Touch / Rocking Chair

1 2 3 4 Cross step R (toes out) / Spin step L ¼ turn right / Sweep step R further ¼ turn right / Touch
L
5 6 7 8 Step forward L / Recover R / Step back L / Recover R

Bar 3: Pivot ½ Turn Stomp Flick

1 2 3 4 Step forward L / Spin step R ½ turn right / Stomp L / Flick R
5 6 7 8 Step forward R / Spin step L ½ turn left / Stomp R / Flick L

Bar 4: (Hands crossed) Trot steps – Side Rock Tap Close

1 2 3 4 Side step L / Recover R / Tap L / Step L little closer
5 6 7 8 Side step R / Recover L / Tap R / Step R little closer

Bar 5: (Lh on hip, Rh up & wiggles) Side Together Chasse / Paddle Turns ¼ ¼

1 2 3&4 Side step L / Together R / Side step L / Together R / Side step L
5 6 7 8 Paddle R sideways / Spin step L (¼ turn left) / Paddle R sideways / Spin step L (¼ turn left)

Bar 6: Jazz Box Side Touch (hands neutral) / (Rh on hip, Lh comb hair) Walk Cross ¾ Turn Touch

1 2 3 4 Cross step R / Recover L / Side step R / Touch L
5 6 7 8 Walk L (towards L. corner) / Cross and spin R (¾ turn left) / Side step L / Touch R

Bar 7: (Open arms + shaking shoulders) Side Shimmy Drag Close

1 2 3 4 Big side step R / Shimmy / drag L close / Step L (clap hands)
5 6 7 8 Big step step R / Shimmy / drag L close / Step L (clap hands)

Bar 8: Side Behind ½ Turn Touch / Side Close Side Scuff

1 2 3 4 Side step R / Behind spin L ¼ turn right / Sweep step R for ¼ turn right / Touch L
5 6 7 8 Side step L / Together R / Side step L / Scuff R (brush/hitch)

Restart: On Round #2, dance only 48 counts (6 bars) then restart for Round #3 at 12:00

Ending post: On Round #7 music will end after 3 bars – for the last count, replace the ' flick' with a cool flying post diagonally R.

Enjoy your dancing!

Contact: Website: <https://sites.google.com/site/2013linedancingeverybody/> - Email: irenechk@yahoo.ca
