

Heart To Heart

拍數: 64 牆數: 3 級數: Improver
編舞者: Mary Frances Chua (MY) - August 2013
音樂: 'Yi Chuan Xin' by Shen Yan



Sequence: 64 / Tag 16 / 64 / 32 / 64 / Tag 16 / 64 / Ending

INTRO Music: 32 counts

S1: Right Step Left Together, Right Coaster, Left Step Together, Left Coaster

1-2 R step to right side, L step together
3&4 R step back, L together, R step forward
5-6 L step to left side, R together
7&8 L step back, R together, L step forward

S2: Rock Recover, Shuffle Back, Rock Recover, Shuffle Forward

1-2 Rock forward on R, recover back onto L
3&4 Step back on R, step L next to R, step back on R
5-6 Rock back on L, recover forward onto R
7&8 Step forward onto L, step R next to L, step forward on L

S3: Step Lock Forward, Shuffle, Forward Walk, Touch

1-2 R step forward, L step lock behind R
3&4 Forward shuffle on R L R
5-6 L step forward, R step forward
7-8 L step forward, R touch beside L

S4: Quarter Right Turn Shuffle (2X), Back Rock, Side Rock

1&2 ¼ turn right (3.00) shuffle on R L R
3&4 ¼ turn right (6.00) shuffle on L R L
5-6 Rock back on R, recover on L
7-8 Rock side on R, recover on L

RESTART at 12.00 after WALL 3

S5: Twice Diagonal Toe Strut, Side Shuffle, Back Rock

1-4 Diagonal R toe, R step on ball, L toe, L step on ball
5&6 Side shuffle on R L R
7-8 Rock back on L, recover on R

S6: Twice Diagonal Toe Strut, Side Shuffle, Back Rock

1-4 Diagonal L toe, L step on ball, R toe, R step on ball
5&6 Side shuffle on L R L
7-8 Rock back on R, recover on L

S7: Cross Samba (Right & Left), Quarter Right Turn Jazz Box Cross

1&2 Cross R over L, rock L out to left side, step slightly forward on R
3&4 Cross L over R, rock R out to right side, step slightly forward on L
5-8 Cross R over L, recover on L, ¼ turn right (9.00) step, L cross over R

S8: Twice Side Step, Back Knee Drop, Side, Touch

1-2 R step to right side, L step behind R (slight knee drop)
3-4 R step to right side, L touch beside R
5-6 L step to left side, R step behind L (slight knee drop)

7-8 L step to left side, R touch beside L

TAG : 16 count – Rumba Box , Right & Left Step Hold, Hip Bump at 9.00 Wall

1-4 R step to right side, L together, R step forward, hold

5-8 L step to left side, R together, L step back, hold

9-12 R step to right side, hold, L step to left side, hold

13-16 Hip bump on R L R L

ENDING – dance 8c of S1, step forward on R, pivot half turn left and pose with weight on right.

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