

Ciau Bella (Hun vil danse Mambo)

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Marie Sørensen (TUR) - August 2013
音樂: "Mambo" by Muri & Mario



Intro: 40 Counts

MAMBO FWD. RIGHT, MAMBO BACK LEFT, MAMBO ½ TURN RIGHT, JAZZ BOX

1&2 Rock fwd. right, recover, step right next to left
3&4 Rock back on left, recover, step left next to right
5&6 Rock fwd. right, recover, ½ turn right, step fwd. on right
7&8 Cross left over right, step back on right, step left to left side (06:00)

POINT, TOUCH, POINT, BEHIND, SIDE, CROSS, POINT, TOUCH, POINT, COASTER CROSS

1&2 Point right to right side, touch right beside left, point right to right to right side
3&4 Cross right behind left, step left to left side, cross right over left
5&6 Point left to left side, touch left beside right, point left to left side
7&8 Step back on left, step right next to left, cross left over right (06:00)

Restart the dance at this point – Facing 12:00

CHASSE, ROCK, RECOVER, SIDE, PADDLE TURNS, MAMBO FWD. RIGHT

1&2 Step right to right side, step left next to right, step right to right side
3&4 Back rock left, recover, step left to left side
5&6& Step fwd. right, turn 1/8 left, step fwd. right, turn 1/8 left (Weight on left)
7&8 Rock fwd. right, recover, step right next to left (03:00)

SAMBA STEP LEFT, RIGHT, RUN, RUN, RUN, COASTER STEP, STEP FWD.

1&2 Cross left over right, rock right to right side, recover
3&4 Cross right over left, rock left to left side, recover
5&6 Run back left, right, left
7&8& Step back on right, step left next to right, step fwd. right, step fwd. left (03:00)

RESTART: During wall 3, after 16 Counts – Facing 12:00

TAG: After wall 7 – 4 counts tag – Facing 12:00

MAMBO FWD. RIGHT, MAMBO BACK LEFT

1&2 Rock fwd. right, recover, step right next to left
3&4 Rock back on left, recover, step left next to right

NOTE: This dance is dedicated to Ole Wagner Møller DK, thanks for this music suggest !

Have Fun!

Marie Email: sunshinecowgirl1960@gmail.com
