Line Dance 4 Life

拍數: 32

級數: Intermediate

編舞者: Claudia Rückardt (DE) - August 2013

音樂: I Don't Want to Love You - Don Williams : (Composer: Bob McDill)

Alt.: "Every breath you take" Remix by Puff Daddy and Sting

No Restarts, no Tags, at the end turn to face 12:00. For improver level see footnote

Dedication:

Line Dance is not just dancing, Line Dance is a way of living:

To Wanda, dear friend far away, celebrating 10th birthday of Silver Star Wanda'rers,

To Kerstin, going with me through ups and downs

To Edel, dancing with me Line Dance since 1,2,3... years and loving voice and songs of Don Williams as much as I do

Take every pleasure you can get, life is too short for anything else!!!

Dance:

[1-8] Shuffle ¼ turn left twice, Step forward R, touch L, step back L and kick R, ¼ turn right sweep R. side L, rec R

- 1& 2. Shuffle ¹/₄ turn left (feet R,L,R),(9:00)
- 3& 4 shuffle ¼ turn left, (feet L,R,L), (6:00)
- 5& 6 Step forward R, touch L in back R, step back L and kick R,
- 7&8 ¹/₄ turn right & sweep R behind L, side L, recover R (9:00)

[9-16] Left side shuffle, rock back R, recover L, vine 3 and close

- 9&10 left side shuffle.
- 11.12 rock back R, recover L,
- 13-16 side R, L behind R, side R, close L to R

[17-24] R shuffle forward, L shuffle forward. kick forward R twice, rock back R, recover L

- 17&18 R shuffle forward.
- L shuffle forward. 19&20
- 21,22 kick forward R twice,
- 23,24 rock back R, recover L

[25-32] Step R with ¼ turn left, kick L, step L, kick R, rock forward R, recover back L, rock back R, recover forward L

- 25,26, step R with 1/4 turn left, kick L,(6:00)
- 27,28, step L, kick R,
- 29,30, rock forward R, recover back L,
- 31,32, rock back R, recover forward L

Having more fun with this: split your LD group in two parts, both parts start opposite way, group one with shuffle ¼ turn left twice, second group with shuffle ¼ turn right twice.

Or start all together same way for one whole round, split second round, come together next round etc. At the end face up same direction.

Let's dance & be happy

Contact: LD4life@gmx.de





牆數: 2