

Born to Be A Dancer

COPPER KNOB
BY STEPHEN BRETZ

拍數: 48 牆數: 2 級數: Advanced - waltz
編舞者: Ami Carter (UK) - March 2013
音樂: Tomorrow - Paul Williams : (Album: Buggy Malone Soundtrack)



[1 – 12] DIAGONAL STEP, STEP ½ PIVOT, STEP, ½ LOCK-STEP, ½ TURN, STEP ? PIVOT, CROSS, ¼ TURN, ½ TURN

- 1 2 3 Step left foot forward to right diagonal (1.30), step right foot forward, pivot ½ turn left (7.30)
4 5&6 Step right foot forward, make ¼ turn right stepping left foot to side, make ¼ turn right locking right across left, step left foot back (1.30)
1 2 3 Make ½ turn right stepping right forward (7.30) step left foot forward, pivot ? turn right (9.00)
4 5 6 Cross right over left, make ¼ turn stepping right back, make ½ turn stepping left forward (12.00)

[13 – 24] ¼ SIDE, DRAG TOGETHER, ½ TWINKLE, CROSS ROCK, RECOVER/SWEEP, BACK/SWEEP, BEHIND, CHASSE

- 1 2 3 Make ¼ turn stepping right long step to side, drag left foot to right, step left next to right
4 5 6 Cross right foot over left, make ¼ turn stepping left foot back, make ¼ turn stepping right foot to right side (3.00)
1 2 3 Cross left foot over right, recover back onto right sweeping left foot back (facing 4.30), step back on left foot sweeping right foot back (4.30)
4 5&6 Cross right foot behind left, step left to left side (facing 3.00) step right next to left, step left to left side

[25 – 36] RIGHT TWINKLE, LEFT ½ TWINKLE, RIGHT TWINKLE, CROSS, POINT, ? SPIRAL TURN

- 1 2 3 Cross right foot over left, step left foot to left diagonal, step right foot to right diagonal
4 5 6 Cross left foot over right, make ¼ turn stepping right foot back, make ¼ turn stepping left foot to side (9.00)
1 2 3 Cross right foot over left, step left foot to left diagonal, step right foot to right diagonal
4 5 6 Cross left foot over right, point right toe to right side, make ? turn to right on ball of left foot leaving right leg across left (1.30)

[37 – 48] STEP, FULL TURN, ½ TURNING BASIC, ¼ SLIDE, ¼ TURN, FULL SPIRAL

- 1 2 3 Step right foot forward (1.30), make ½ turn right stepping left foot back, make ½ turn right stepping right forward (1.30)
4 5 6 Step left foot forward, make ½ turn left stepping right foot slightly back (7.30), step left foot slightly back
1 2 3 Make ¼ turn right stepping right foot to side (10.30) hold for 2 counts twisting upper body to right
4 5 6 Make ¼ turn left stepping left foot forward (7.30), Step right foot forward, make full turn left on ball of right foot crossing left leg across right

TAG 1: End of Walls 1 & 5 (Note: Not the strict musical timing – dance to the words!)

[1 – 12] STEP, SIDE ROCK, CROSS, BALL-CHANGE, CROSS, UNWIND, SWEEP, BACK/SWEEP x2, BEHIND, CHASSE

- 1 2 3 Step left foot forward to right diagonal (7.30) rock right foot to right side, cross right over left “Won’t take no”
4&5 6 Cross right foot over left, step ball of left foot to left side, replace weight onto right, cross left over right “for an answer”
1 2 3 Unwind full turn right on ball of left foot (7.30), sweep right foot back, step back on right sweeping left back “I was born”
4 5&6& Step back on left sweeping right back, cross right behind left, step left to side (6.00) step right next to left, step left to left side “to be a dancer”

[13 – 24] RIGHT TWINKLE, LEFT ¼ TWINKLE, CROSS, STEP ½ PIVOT, STEP, FULL SPIRAL

- 1 2 3 Cross right foot over left, step left foot to left diagonal, step right foot to right diagonal
4 5 6 Cross left foot over right, make ¼ turn stepping right foot back, step left foot to side (3.00)
1 2 3 Cross right foot over left, step left foot forward on diagonal (1.30) pivot ½ turn right (7.30)
4 5 6 Step left foot forward (7.30), Step right foot forward, make full turn left on ball of right foot crossing left leg across right

TAG 2: End of Wall 2 Only (Note: Not the strict musical timing – dance to the words!)

[1 - 10] STEP, SIDE ROCK, CROSS, BALL-CHANGE, CROSS, UNWIND, BEHIND, CHASSE

- 1 2 3 Step left foot forward to right diagonal (1.30) rock right foot to right side, cross right over left
"They are bound"
4&5 6 Cross right foot over left, step ball of left foot to left side, replace weight onto right, cross left over right "To com-pare me"
1 2 Unwind full turn right on ball of left foot (1.30), sweep right foot back "To Fred"
3&4& Step back on left sweeping right back, cross right behind left, step left to side (6.00) step right next to left, step left to left side "Astaire when I'm"

[11 – 22] RIGHT TWINKLE, LEFT ¼ TWINKLE, CROSS, STEP ½ PIVOT, STEP, FULL SPIRAL

- 1 2 3 Cross right foot over left, step left foot to left diagonal, step right foot to right diagonal
4 5 6 Cross left foot over right, make ¼ turn stepping right foot back, step left foot to side (9.00)
1 2 3 Cross right foot over left, step left foot forward on diagonal (7.30) pivot ½ turn right (1.30)
4 5 6 Step left foot forward (1.30), Step right foot forward, make full turn left on ball of right foot crossing left leg across right

RESTART: Wall 4 Dance routine up to and including count 21, then

[22 – 24] BEHIND, SIDE, CROSS

- 1 2 3 Cross right behind left, step left foot to side, cross right foot over left (facing 7.30 to Restart back wall)

Don't be scared by the tags – they're almost the same... just dance it to the words and enjoy yourself!

For any queries regarding this dance contact: -
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