Hey Hey Hey (aka Blurred Lines)

級數: High Beginner

編舞者: Earleen Wolford (USA) - August 2013

音樂: Blurred Lines (feat. T.I. & Pharrell) - Robin Thicke

Other music: -

Barefoot and Buckwild by Lauren Alaina-2 restarts when using this song see pattern at bottom: Baby Rocks by Phil Vasser;

Beat of the Music by Brett Eldredge.

拍數: 32

Suite & Tie by Justin Timberlake (feat. Jay Z), all music is on ITunes

No Tags/No Restarts! Start on Lyrics (about 16 secs)

WALK FORWARD, R C BUMP UP, C BUMP DOWN ¼ TURN L, L BALL STEP, ½ TURN L, ¼ TURN L

- 1,2 Step R forward (1), Step L forward (2)
- 3,4 With weight on L, move R hip up & out to R (3), As you bring the R hip down, turn ¼ turn L, taking weight on R & at the same time with knees bent pushing the R hip back, it's like your sitting down (4) (R take wt)

&5,6 Step on ball of L (&) Step R forward (5), Turn ½ turn L (6) (L take wt)

7,8 Step R forward (7), Turn ¼ turn L (8) (12:00)

OUT OUT FORWARD, SHAKE HIPS 4X, OUT OUT BACK PUSHING HIPS BACK & PUSHING ARMS FORWARD, PULL HIPS FORWARD, OUT OUT BACK PUSHING HIPS BACK & PUSHING ARMS FORWARD, PULL HIPS FORWARD

- &9-12 Step R forward and out to R (&) Step L out to L, at same time shaking hips in place 4X (9-12) (L take weight)
- &13,14 Step R back and out to R (&), Step L out to L (13), Pull hips forward, at same time bring arms& hands to hips (14)
- &15,16 Step R back and out to R (&), Step L out to L (15), Pull hips forward, at same time bring arms
 & hands to hips (16) (L take weight, to get ready to step on R for step 17)

NOTE: For counts &13,14 and &15,16, while going back for out out, at the same time you push your hips back while pushing both arms forward and pulling your hips forward with these steps, it's not hard, just have fun, please trust me you'll love it (12:00)

STEP R TO R, L HEEL TAP, STEP L DOWN, HOLD, R BALL STEP, CROSS L OVER R, HOLD, R BALL STEP, CROSS L OVER R, POINT R

17,18	Step small R to R (17), Tap L heel slightly forward on slight L diagonal (18) (L takes wt)
19-20	Step down on L (19), Tap R heel slightly forward on slight R diagonal & Hold (20)
&21,22	Step on ball of R toe (&), Cross L over R (21), Hold (22) (L take wt)
&23,24	Step on ball of R toe (&), Cross L over R (23), Point R toe to R (24) (L take weight) (12:00)

CROSS R OVER L, STEP L TO L, CROSS R OVER L, STEP L $^{1\!\!4}$ TURN L, STEP R FORWARD, HOLD, $^{1\!\!2}$ TURN L QUICK STEP (L/R/L)

25-28 Cross R over L, at the same time bending both knees (25), Step L to L , at the same time you straighten you knees (26), Cross R over L, at the same time bending both Knees (27), Step L 1/4 L (28) (9:00)

Note: For styling, while doing counts 25-27,get funk, shake shoulders up & down at same time doing these steps, it's cool ?

29,30 Step R forward (29), Hold (30)

31&32 Step L ¼ L (31), Step R forward (&), Step L ¼ L forward (32) (these steps are quick little run steps) (L takes wt) (3:00)

Begin again!





牆數:4

Enjoy my dance & just have FUN doing it to this great song with and all the other mentioned great artist too! "GottaDance"!! And please feel free to use any other music to do my dance, country or non country will work!

Note: This dance is the same dance as 'Barefoot and Buckwild', but when doing it to the song my Lauren Alaina, it has 2 very easy restarts on the 4th & 7th walls, Pattern is: 32, 32, 32, 32, 32, 32, 32, 32's rest of song, this is also noted on that dance too, start dance right after she says 'Alright'.

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Please do not change or modify anything on my dance sheet. Please contact me for any questions, Thank You!