Middle Of The Road



拍數: 32 牆數: 4 級數: Improver

編舞者: Fred Whitehouse (IRE) - August 2013 音樂: Keep It In the Middle of the Road - Exile



[1-8] KICK RF FORWARD AND BACK, COASTER STEP OR ROCKING STEP, REPEAT

1&2& Kick RF forward, RF beside LF, kick RF back diagonal, step RF back

3&4 Step back on LF, step RF next to LF, step LF forward (coaster step) or (rocking step)

5-8 Repeat counts 1-4

[9-16] LOCK STEP BRUSH X2, FULL TURN LOCK STEP BACK

1&2& Step forward on RF, step lock LF behind RF, step forward on RF, scuff LF forward 3&4& Step forward on LF, step lock RF behind LF, step forward on LF, scuff RF forward

5-6 Step RF forward, pivot 1/2 turn left, putting weight on left (6:00)

7&8 Making 1/4 turn left (3:00) step RF to right side, cross LF over RF, 1/4 turn left (12:00), step

RF back

[17-24] WALK X 2, COASTER STEP, TOE HEEL STEP X 2

1-2 Walk back LF, RF (clicking fingers as you step)3&4 Step back on LF, step RF next to LF, step LF forward

Touch right toe beside LF, point right heel to right side, step RF forward, clap

Touch left toe beside RF, point left heel to left side, step LF forward, clap

[25-32] TOUCH & TOUCH KICK, WEAVE, TOUCH & TOUCH KICK, WEAVE 1/4

1&2& Touch RF to right side, touch RF beside LF, touch RF to right side, kick RF to right diagonal

3&4 Step RF behind LF, step LF to left side, cross RF over LF

5&6& Touch LF to left side, touch LF beside RF, touch LF to left side, kick LF to left diagonal

7&8 Step LF behind RF, 1/4 turn right, stepping RF forward (3:00), step LF forward

Start Again

TAG: comes in at end of wall 1 and end of wall 5

ROCK FULL TURN X2, ROCK STOMP, STOMP HOLD

1-2 Rock RF forward, recover weight onto LF

3&4 Make full turn right, stepping RF,LF,RF (or coaster step)

5-6 Rock forward on LF, recover onto RF

7&8 Make full turn left, stepping LF,RF,LF (or coaster step)

1-2 Rock RF forward, recover weight onto LF

3&4 Stomp feet RF,LF, Hold

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