

What I Do Best

拍數: 64 牆數: 2 級數: Improver
編舞者: Graham Mitchell (SCO) - August 2013
音樂: Honky Tonkin's What I Do Best - Marty Stuart & Travis Tritt



SECTION 1: [1-8] RIGHT & LEFT FORWARD STEPS WITH HEEL SPLITS

1-2 Step Forward Right To Right Diagonal, Close Left Beside Right
3-4 Split Both Heels Apart, Close Both Heels Together
5-6 Step Forward Left To Left Diagonal, Close Right Beside Left
7-8 Split Both Heels Apart, Close Both Heels Together

SECTION 2: [9-16] STEP TOUCHES TRAVELLING BACKWARDS DIAGONALLY

9-10 Step Back Right To Right Diagonal, Step Left Back Beside Right With A Touch
11-12 Step Back Left To Left Diagonal, Step Right Back Beside Left With A Touch
13-14 Step Back Right To Right Diagonal, Step Left Back Beside Right With A Touch
15-16 Step Back Left To Left Diagonal, Step Right Back Beside Left With A Touch

SECTION 3: [17-24] SIDE, BEHIND 1/4 RIGHT HOLD, STEP 3/4 RIGHT HOLD

17-18 Step R To R Side, Step L Behind Right
19-20 Make 1/4 Turn Right Stepping Forward On Right, Hold
21-22 Step Forward Left, Make 1/2 Turn Right Taking Weight On Right
23-24 Make 1/4 Turn Right Stepping Left To Left Side, Hold

SECTION 4: [25-32] BEHIND 1/4 SIDE, FORWARD HOLD, SHUFFLE FORWARD HOLD

25-26 Step Right Behind Left, Make 1/4 Turn Left Stepping Left To Left Side
27-28 Step Forward On Right Hold
29-30 Step Forward Left, Close Right Beside Left
31-32 Step Forward Left, Hold

**** Restart Wall 4 ****

SECTION 5: [33-40] RIGHT ROCKING CHAIR, 1/2 PIVOT TURN LEFT, HOLD

33-34 Rock Forward Right, Recover On Left
35-36 Rock Right Back, Recover On Left
37-38 Step Forward On Right, Pivot 1/2 Turn Left
39-40 Step Forward On Right, Hold

SECTION 6: [41-48] LEFT ROCKING CHAIR, 1/4 PIVOT TURN RIGHT, HOLD

41-42 Rock Forward On Left, Recover On Right
43-44 Rock Back Left, Recover On Right
45-46 Step Forward On Left, Pivot 1/4 Turn Right
47-48 Step Forward On Left, Hold

SECTION 7: [49-56] SIDE STRUT, CROSS STRUT, ROCK RECOVER, CROSS HOLD

49-50 Step Right Toe To Right Side, Place Right Heel Down
51-52 Cross Left Toe Over Right, Place Left Heel Down
53-54 Rock Right Foot To Right Side, Recover On Left
55-56 Cross Right Foot Over Left Hold

SECTION 8: [57-64] SIDE STRUT, CROSS STRUT, ROCK RECOVER, TOGETHER HOLD

57-58 Step Left Toe To Left Side, Place Left Heel Down
59-60 Cross Right Toe Over Left, Place Right Heel Down
61-62 Rock Left Foot To Left Side, Recover On Right

63-64 Place Left Foot Beside Right, Hold

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