

Offspring Waltz

COPPER KNOB
STEPPING SHEETS

拍數: 24 牆數: 4 級數: Beginner - waltz
編舞者: Michele Burton (USA) - October 2010
音樂: Open Arms - Collin Raye : (iTunes)



Alt. music:-

Fire Escape - Diane Birch

Somebody Loves You - Scooter Lee

[1 - 6] WALTZ BOX

- 1 - 3 Step L foot forward; Bring R foot to L, stepping side R; Step L slightly back
4 - 6 Step R back; Bring L to R, stepping side L (angle to L diagonal); Step R to front left diagonal
 [12 o'clock]

[7 - 12] BALANCE FORWARD ~ BALANCE BACK

- 7 - 9 Step L foot forward; Step R slightly forward; Step L foot slightly back
10 - 12 Step R foot back; Step L slightly back; Step R foot slightly forward [12 o'clock]

[13 - 18] TWINKLE RIGHT ~ TWINKLE LEFT

- 13 - 15 Step L foot to right front diagonal; Step R foot side right; Step L foot to left front diagonal [12
 o'clock]
16 - 18 Step R foot to left front diagonal; Step L foot side left; Step R foot to right front diagonal

[19 - 24] FORWARD 1/4 TURN ~ BACK BALANCE (or basic)

- 19 - 21 Step L foot forward; Turn 1/4 left, stepping slightly back on R; Step back on L [9 o'clock]
22 - 24 Step R foot back; Step L slightly back; Step R foot slightly forward (not a coaster step)

BEGIN AGAIN

A beginner waltz that might be used as a floor split with Zenyatta's Waltz.

Use any waltz music phrased in 24, 48, or 96 cts. BPM: 96 - 110

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