

I Am The Only One

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Paul Lipinski (USA) - July 2013
音樂: Am I the Only One - Dierks Bentley



Intro: 32 counts, Start dancing on lyrics:

1/4 Monterey, Shuffle, Out-In, Heel, Hook, Step Lock, Step

1&2& Touch Right to right, turn 1/4 right step Right next to left, touch Left to left, step on Left next to right [3:00]
3&4 Shuffle forward Right-Left-Right
5&6& Touch Left to side, touch Left next to right, touch Left heel forward, hook Left over right
7&8 Step Left forward, step Right behind left, step Left forward

Kick, Kick, Touch, Sailor Step x2

1&2 Kick Right forward, kick Right to diagonal, touch Right to side
3&4 Right sailor step
5&6 Kick Left forward, kick Left to diagonal, touch Left to side
7&8 Left sailor step

Rock, Recover, Turn 1/2, Shuffle, Chasse, Rock back Recover Turn 1/4

1&2 Rock Right forward, recover on Left, turn 1/2 right stepping on Right [9:00]
3&4 Shuffle forward Left-Right-Left

Restart here on 5th wall [you will be facing 9:00]

5&6 Chasse right
7&8 Rock back on Left, recover on Right, turn 1/4 right stepping Left forward [12:00]

Chasse, Rock back, Recover, Turn 1/4, Side Rock Cross x2

1&2 Chasse right,
3&4 Rock back on Left, recover on Right, turn 1/4 right stepping Left forward [3:00]
5&6 Rock on Right to side, recover to Left, cross Right over
7&8 Rock on Left to side, recover to Right, cross Left over

Repeat

Tag: [At the beginning of the 3rd wall, you are facing 6:00]

Side Mambo x2, Mambo Touch

1&2 Rock on Right to side, recover to Left, step Right next to left
3&4 Rock on Left to side, recover to Right, step Left next to right
5&6 Rock Right forward, recover on Left, touch Right next to left

Restart: at count 20 on the 5th wall

Ending: at count 21 on the 8th wall, step Right forward and hold [you will be facing front]

Thanks to my students who helped me choreograph this dance.

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