

# Sweet Mama

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Terri Lineberry (USA) - August 2013  
音樂: Sweet Mama - The Allman Brothers Band : (CD: Win, Lose or Draw, iTunes)



## Begin On lyrics

### SHUFFLE RIGHT WITH ROCK RECOVER, SHUFFLE LEFT WITH ROCK RECOVER

1&2      Step right to right, step left to right, step right to right  
3-4      Step left behind right, recover on right  
5&6      Step left to left, step right to left, step left to left  
7-8      Step right behind left, recover on left

### SHUFFLE RIGHT FORWARD, SHUFFLE LEFT FORWARD, ROCKING CHAIR

1&2      Step right forward, step left to right, step right forward  
3&4      Step left forward, step right to left, step left forward  
5-6      Step right forward, recover on left  
7-8      Step right back, recover on left

### ½ TURN LEFT, SHUFFLE RIGHT FORWARD, ROCKING CHAIR

1-2      Step right forward, ½ turn left  
3&4      Step right forward, step left to right, step right forward  
5-6      Step left forward, recover on right  
7-8      Step left back, recover on right

### JAZZBOX INPLACE, JAZZBOX ¼ TURN LEFT

1-2      Step left across right, step right back  
3-4      Step left to left, step right to left  
5-6      Step left across right, step right back ¼ turn left  
7-8      Step left to left, step right to left

## BEGIN AGAIN

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