Chicken Fried

拍數: 32

級數: Beginner / Improver

編舞者: David Sickles (USA) - August 2013

音樂: Chicken Fried - Zac Brown Band

Or : Jump Right In by Zac Brown Band

MAMBO FORWARD, BACK, RIGHT SIDE, LEFT SIDE

- 1&2 Step forward on right, recover weight back to left, step right next to left
- 3&4 Step back on left, recover weight back to right, step left next to right
- 5&6 Step right to right, recover weight back to left, step right beside left
- 7&8 Step left to left, recover weight back to right, step left beside right

STROLL OR LOCK STEP FORWARD WITH A ¼ TURN PIVOT CROSS

- 1&2 Step forward on right, step left next to right (or behind for lock), step forward on right
- 3&4 Step forward on left, turn ¼ turn right as you step on right, cross step left over right
- 5, 6 Touch right toe to the right diagonal twice
- 7&8 Step right behind left, step left to left, cross right over left

TOUCH LEFT TOE, WEAVE, STROLL OR LOCK FORWARD, MAMBO FORWARD

- 1, 2 Touch left toe to the left diagonal twice,
- 3&4 Step left behind right, step right to the right, cross left over right
- 5&6 Step forward on right, step left next to right (or behind for lock), step forward on right
- 7&8 Step left forward, recover weight back to right, step left next to right

STROLL OR LOCK BACK, COASTER STEP, WALK FORWARD R, L, R, L

- 1&2 Step right foot back, step left next to right (or in front for lock), step right foot back
- 3&4 Step left back, step right back beside left, step left forward,
- 5,6,7,8 Walk forward right, left, right, left

START AGAIN!!

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牆數:4