

A Gal In Calico

拍數: 32 牆數: 4 級數: Beginner
編舞者: Kim Nolan (UK) - August 2013
音樂: A Gal In Calico - Manhattan Transfer : (iTunes)



Intro: 16 (slow counts) - Start on lyrics

SIDE, TOUCH, SIDE, TOUCH, CHASSE, TOUCH, SIDE, TOUCH, SIDE, TOUCH, CHASSE
(click fingers on touches)

1&2& Step R to side, Touch L tog, Step L to side, Touch R tog
3&4& Step R fwd (on R diag), Step L next to right, Step R fwd(on R diag), Touch L tog
5&6& Step L to side, Touch R tog, Step R to side, Touch L tog
7&8 Step L fwd (on L diag), Step R next to left, Step L fwd (on L diag)

ROCK, TOG x 2, LOCK STEP, BACK, HITCH, LOCK STEP, BACK, HITCH

1&2 Cross Rock R over left, recover, Step R together
3&4 Cross Rock L over right, recover, Step L together
5&6& Step R back, Step L across right foot, Step R back, Hitch L knee up
7&8& Step L back, Step R across L foot, Step L back, Hitch R knee up(and turn ¼ left) 9:00

SAILOR STEP, SAILOR STEP, ROCK, PIVOT x 2

(sailor step styling: sway both arms from R to L)

1&2 Step R ball of foot behind left, Step L to left side, Step R back in place
(sailor step styling: sway both arms from L to R)
3&4 Step L ball of foot behind right, Step R to right side, Step L back in place
5-6 Rock back on R, recover (weight to left)
7& Step R fwd, Turn ½ left and Step onto L in place (weight to left), (3:00)
8& Repeat 7& (9:00)

CROSS, SIDE, SYNC WEAVE, ROCK, CROSSING CHASSE

1-2 Cross R over left, Step L to side
3&4 Cross R behind left, Step L to side, Cross R over left
5-6 Rock L to left side, recover
7&8& Cross L over right, Step R to side, Cross L over right

START AGAIN

(Optional Restart after hitch (ct 16) wall 3, but if no Restart you will end exactly at the end of routine)

Have fun, - Love Kim

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