

Hangin' On A Lie

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Peter Jones (UK) & Anna Lockwood (UK) - August 2013
音樂: Hanging On a Lie - Striking Matches : (EP: Striking Matches)



Starts 16 counts in.

S1: Cross Rock, Recover, Shuffle ¼ R, Chasse ¼ L, Cross shuffle.

1-2 Cross R Over L, Recover Weight onto L.
3&4 Step R To R Side, Step L Next To R, Step ¼ R Onto R.
5&6 Step ¼ R Onto L, Step R Next To L, Step L To L Side.
7&8 Cross R Over L, Step L To L Side, Cross R Over L.

S2: Side Rock, Recover, Behind, Side, Cross, Monterey ¼ R, Heel Switches.

1-2 Rock L To L Side, Recover Weight Onto R.
3&4 Step L Behind R, Step R To R Side, Cross L Over R.
5-6 Point R To R Side, Step R Next To L Turning ¼ R.
7&8& Touch L Heel Forward, Step L Next To R, Touch R Heel Forward, Step R Next To L.

S3: Rock Forward, Recover, Shuffle ½ L, Step, Turn ½ L, Step, Turn ¼ L.

1-2 Rock Forward Onto L, Recover Weight Onto R.
3&4 Step ½ L Onto L, Step R Next To L, Step Forward Onto L.
5-6 Step Forward Onto R, Pivot ½ L Onto L.
7-8 Step Forward Onto R, Pivot ¼ L Onto L.

RESTART HERE ON WALL 5 (6:00).

S4: 2 x Cross Rocks, Cross Rocking Chair To L Diagonal.

1&2 Cross Rock R Over L, Recover Weight Onto L, Step R To R Side.
3&4 Cross Rock L Over R, Recover Weight Onto R, Step L To L Side.

RESTARTS HERE ON WALLS 3 & 7 (6:00).

5-6 Cross Rock R Over L To L Diagonal, Recover Weight Onto L.
7-8 Rock Back Onto R, Recover Weight Onto L.

TO FINISH ON THE FRONT WALL.

After The Heel Switches - Step Forward Onto L, Pivot ¼ R Onto R.

HAVE FUN AND DANCE WITH A SMILE :0)

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