

Caliente

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: High Beginner
編舞者: Jesse Garcia (USA) - June 2009
音樂: Lambada - Alturas : (Album: Ritmo Caliente)



Alt. tracks:-

Unison by: Celine Dion

Polynesian Party by: Sudden Rush

Start with weight on right foot

Cross & cross, Side rock to right, Behind step cross, Side rock to left with 1/4 turn right.

1&2 Cross left foot over right, step right foot next to right, cross left foot over right
3-4 Step right foot to right side, recover weight back onto left foot
5&6 Step right foot behind left, step left foot next to right, cross right foot over left
7-8 Step left foot to the side making 1/4 turn right, recover weight fwd. onto right foot

Left shuffle fwd., Pivot 1/2 turn left, Right shuffle fwd., Full turn right

1&2 Step fwd. on left foot, Step right foot next to right, step fwd. on left foot
3-4 Step fwd. on right foot making 1/2 turn left, step down on left foot
5&6 Step fwd. on right foot, step left foot next to right, step fwd. on right foot
7-8 Step fwd. on left making 1/2 turn right, step back on right foot making 1/2 turn right

Fwd. rock step, Coaster step, Right side rock step, Cross and cross

1-2 Step fwd. on left foot, recover weight back onto right foot
3&4 Step back on left foot, step right foot next to left, step fwd. on left foot
5-6 Step right foot to right side, recover weight back onto left foot
7&8 Cross right foot over left, step left foot next to right, cross left foot over left

Left side rock step with 1/4 turn right, Cross & cross, Right side rock step, Coaster step

1-2 Step left foot to the side making 1/4 turn right, recover weight back onto right foot
3&4 Cross left foot over right, step right foot next to left, cross left over right
5-6 Step right foot to the side, recover weight back onto left foot
7&8 Step back on right foot, step left foot next to right, step fwd. on right foot

1 1/4 turn right, Boogie walk fwd.(4x) (L,R,L,R)

1-2-3-4 Step fwd. on left foot making 1/4 turn right, step back on right foot making 1/2 turn right, step fwd. on left making 1/2 turn right, step right foot next to left
5-6-7-8 step fwd on left, step fwd. on right, step fwd. on left, step fwd. on right

End of dance, Start over

Options:-

For full turn, take two steps fwd.

For 1/4 turn, take 1 step fwd make 1/4 turn and rock in place for 3 cts. (R,L,R)

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