

Forget Him

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver - Rumba feel
編舞者: Sae Min (MY) & Lily Chin (MY) - August 2013
音樂: Forget Him (忘記他) - Shirley Kwan (關淑怡)



2 Tags at end of Wall 3 & 8.
Restart at Wall 5 after 16 counts.

Starts after 32 counts.

Section 1-8: Half Rumba Box Forward (Forward, Hold, Side, Close) x 2

1-2-3-4 Step RF forward, Hold, Step LF to left side, Close RF to LF
5-6-7-8 Step LF forward, Hold, Step RF to right side, Close LF to RF

Section 9-16: Back, Hold, Back 1/4 turn left, Drag, Twist 1/2 turn right, Walk, Hold

1-2 Step RF back, Hold
3 Step LF back (pointing feet towards 9:00)
4 Drag RF towards LF (completing body turn to face 9:00)
5 Touch RF (with pressure) next to LF
6 Twist RF making 1/2 turn to the right (finishing weight on RF facing 3:00)
7-8 Step LF forward (3:00), Hold

Section 17-24: 3 Walks, Hold, Walk, Scissors

1-2-3-4-5 Step RF forward, Step LF Forward, Step RF forward, Hold, Step LF forward
6-7 Step RF to right side, Close LF to RF
8 Cross RF over LF (finishing weight on RF to prep for a 1/2 turn to the right)

Section 25-32: 1/2 Ronde, Point, 2 Cross Points, Full Spiral

1 Sweep LF while making 1/2 turn to the right (finishing at 9:00)
2 Point LF to left side
3-4 Cross LF over RF, Point RF to right side
5-6 Cross RF over LF, Point LF to left side
7-8 Cross LF over RF, Full right turn on LF (ending RF crossing in front of LF)

Tag: At the end of Wall 3 (facing 3:00) and Wall 8 (facing 3:00) hold for 2 counts

Restart: Dance the first 16 counts but make only 1/4 turn to the right at step 14 (the Twist step) to end facing 12:00

Ending: At Wall 10, dance as per "Restart" and pose for an ending

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