

# One Reason to Stay

COPPERKNOB  
STEPSHEETS

拍數: 48      牆數: 4      級數: Intermediate WCS  
編舞者: Katrin Gäbler (DE) & Tommie Nijhuis (NL) - August 2013  
音樂: Give Me One Reason - Tracy Chapman



**Intro: 48 Counts, start on Lyrics**

**[1-8] Walk R+L, Sailor ½ Right with Cross, Side Left, Drag, & Cross, Point**

1-2            Step fwd on r+l  
3&4           Step ½ right behind left,(&) step left to left, cross right over left (6.00)  
5-6           Step left to left, drag right next to left  
&7-8          Step right down, cross left over right, point right to right

**[9-16] Monterey ½ Right with Point, & Toe Switches R + L, & Walk, Walk, Anchor Step Right**

1-2            ½ Turn right on left, step right next to left, point left to left (12.00)  
&3&4          (&) Step left next to right, point right toe fwd(&), step back on right, point left toe fwd  
&5-6          (&) Step left next to right, Walk fwd on right + left  
7&8           Rock right behind left, (&) weight back on left, step right back

**[17-24] ½ Left, ½ Left, Triple 1 ¼ Left, Touch, Hip Bump, Step**

1-2            Step left ½ left fwd, step right ½ left back  
3&4            1 ¼ triple Turn left stepping L,R,L (9.00)  
5&6           Touch right fwd, (&) bump right hip fwd, step right down  
7&8           Touch left fwd, (&) bump left hip fwd, step left down

**[25-32] Rock Step Right, Recover, ¾ Triple Right, Heel & Point, Cross Back, Unwind ½ Right**

1-2            Rock right fwd, weight back on left (9.00)  
3&4            ¾ Triple Turn right, stepping r,l,r (6.00)  
5&6           Touch left heel fwd, step left back, point right toe to right  
7-8           Cross right behind left, unwind ½ right (weight on left) (12.00)

**[33-40] Rock Step, Recover, Sailor ½ Right, Press Left, Recover, Chasse Left**

1-2            Rock right fwd, weight back on left  
3&4            ½ Sailor right, stepping r,l,r (6.00)  
5-6           Press left fwd, weight back on right  
7&8           Step left to left, close right next to left, step left to left

**[41-48] Cross, Side, Sailor ¼ Right, & Step, Heel Bounces x3**

1-2            Cross right over left, step left to left  
3&4           Cross right ¼ right behind left, step left to left, step right to right  
&5           Step left fwd, step right next to left (2. Position)  
6-8           Heel Bounces x3

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