

# A & A On Our Mind

COPPER KNOB  
BY STEPHENETS

拍數: 48                      牆數: 4                      級數: Intermediate  
編舞者: Nathalie Martin (FR) - August 2013  
音樂: Last Thing On My Mind - Ronan Keating & LeAnn Rimes : (CD:Turn It On, Ronan Keating)



Alt. music: "Stella I" by Swamp Rat – [96 bpm] (cd:Swamp Rat)

Intro: 8 counts, on the 2 musics.

## SIDE RIGHT, STEP FORWARD (= end of Jazz Box), TRIPLE LOCK STEP BACK, POINT BACK, UNWIND, TRIPLE STEP FORWARD

1 – 2                      Right foot to side, left foot step forward,  
3 & 4                      Triple lock step back (R-L-R),  
5 – 6                      Point left back, unwind ½ turn to left (end weight on left foot),  
7 & 8                      Triple step forward (R-L-R),

## SWAYS, TRIPLE LOCK STEP BACK, POINT BACK, UNWIND, TRIPLE STEP FORWARD

9 – 10                      Left foot to side with sway, right foot to side with sway,  
11 & 12                      Triple lock step back (L-R-L),  
13 – 14                      Point right back, unwind ½ turn to right (end weight on right foot),  
15 & 16                      Triple step forward (L-R-L)

## SIDE, CROSS BEHIND, SIDE ROCK-CROSS BEHIND, SIDE, CROSS OVER, SIDE ROCK-CROSS OVER

17 – 18                      Right foot to side, left foot cross behind right foot,  
19 & 20                      Rock right foot to side, recover to the left, right foot cross behind left foot,  
21 – 22                      Left foot to side, right foot cross over left foot,  
23 & 24                      Rock left foot to side, recover to the right, left foot cross over right foot,

## SIDE, BEHIND, ¼ TURN & TRIPLE STEP FORWARD, STEP ½ TURN, SYNCOPATED TRAVELLING PIVOT-STEP

25 – 26                      Right foot to side, left foot cross behind right foot,  
27 & 28                      ¼ turn to the right and triple step forward (R-L-R),  
29 – 30                      Step forward on left, ½ turn to the right and step forward on right,  
31 & 32                      ½ turn to the right and step back on left, ½ turn to the right and step forward on right, step forward on left

## LUNGE, DRAG, SAILOR STEP with ¼ TURN LEFT, FULL TWIST TURN RIGHT

33 – 34                      Long step with right foot to side, left foot drag next to right foot (weight stay on right foot),  
35 & 36                      Left foot step behind right foot with ¼ turn to the left, right foot to side, left foot step on place,  
37 – 40                      Right foot cross behind left foot, unwind complete 1 turn to the right during 3 counts (ending weight on right foot)

Restart on music "Last Thing On My Mind": on the 2nd wall, restart the dance at the begining (Be careful, the counts 37 – 40 are modified during the Restart! Explanation at the end of choreography)

## SIDE, BEHIND, ¼ TURN & TRIPLE STEP FORWARD, SIDE, HINGE ½ TURN, LOCK, BACK (= start half of Jazz Box)

41 – 42                      Left foot to side, right foot cross behind left foot,  
43 & 44                      ¼ turn to the left and triple step forward (L-R-L),  
45 – 46                      Right foot to side, ½ turn to the left (on right leg) and left foot to side,  
47 – 48                      Right foot cross over left foot, step back on left.

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**On music "Last Thing On My Mind":**

**Restart: On the second wall, replace counts 37 - 40 with:**

37 – 40            Right foot cross over left foot, unwind  $\frac{3}{4}$  turn to the left during 3 counts (ending weight on left foot) (and then you are on 6:00) and restart the dance at the beginning (make the first 40 counts and restart the dance at the beginning).

**TAG (8 counts) at the end of 4th wall, make the TAG and restart the dance at the beginning:**

**(SIDE, TOUCH)x2, SIDE, (HINGE  $\frac{1}{2}$  TURN)x2, TOGETHER**

1 – 2            Right foot to side, left foot touch next to right foot,

3 – 4            Left foot to side, right foot touch next to left foot,

5 – 6            Right foot to side,  $\frac{1}{2}$  turn to the left (on right leg) & left foot to side,

7 – 8             $\frac{1}{2}$  turn to the left (on left leg) & right foot to side, left foot step next to right foot.

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**On music "Stella I":**

**TAG (4 counts) at the end of 2nd and 4th walls, make the TAG and restart the dance at the beginning:**

**SLOW THREE STEP TURN, TOGETHER**

1 – 2             $\frac{1}{4}$  turn to the right & step forward on right foot,  $\frac{1}{4}$  turn to the right & left foot to side,

3 – 4             $\frac{1}{2}$  turn to the right & right foot to side, left foot step next to right foot (ending weight on left foot).

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