

# Day After Day

拍數: 88      牆數: 4      級數: Phrased Improver  
編舞者: Annette Hagberg (SWE) - July 2013  
音樂: En dag i sänder - Benny Anderssons Orkester & Helen Sjöholm



Start on lyrics (after 16 counts)

Sequence: AAA, B, AAA, C, A, Tag (4 counts) AAAA.

## Part A- 32 counts

**Section A1: Kick ball step. Step Right forward. Pivot 1/4 L Pivot 1/4 R. Kick forward. Coaster step**

- 1 & 2      Kick Right forward. Step ball of right beside left. Step forward on Left.
- 3            Step forward Right
- 4 - 5      Pivot ¼ turn Left, keeping feet in place. Pivot ¼ turn Right (weight on right)
- 6            Kick Left forward
- 7 & 8      Step back on Left. Step Right next to Left. Step forward on Left.

**Section A2: ½ Unwind, Forward Shuffle, Jazz Box**

- 1 - 2      Touch Right toe behind Left foot. Unwind ½ turn Right ( 6:00 weight on right)
- 3 & 4      Step Left foot forward. Close Right beside left. Step Right foot forward.
- 5 - 8      Cross Right over Left, step back on Left, step Right to Right side, step forward on Left.

**Section A3: Side Rock, Cross Shuffle**

- 1 - 2      Rock Right to Right side. Recover onto Left
- 3 & 4      Cross Right over Left. Step Left to Left side. Cross Right over Left.
- 5 - 6      Rock Left to Left side. Recover onto Right.
- 7 & 8      Cross Left over Right. Step Right to Right side. Cross Left over Right.

**Section A4: Figure Vine Right**

- 1 - 2      Step Right to Right side. Cross Left behind Right
- 3 - 4      Step Right ¼ turn Right. Step forward Left.
- 5 - 6      Pivot ½ turn Right (shifting weight to right) On ball of Right make ¼ turn Right stepping Left to Left side
- 7 - 8      Cross Right Behind Left. Step Left ¼ turn Left (3:00 weight on left)

**Tag: 1 – 4 Sway right, Left, Right, Left. (9:00)**

## Part B - 32 counts

**Section B1: Rumba Box Forward. Walk Back. Coaster step (9:00)**

- 1 & 2      Step Right to Right side. Step Left to Right. Step Right forward.
- 3 & 4      Step Left to Left side. Step Right to Left. Step Left back.
- 5 - 6      Step Right back. Step Left back.
- 7 & 8      Step back on Right. Step Left next to Right. Step forward on Right.

**Section B2: Rumba Box Forward. Walk Back. Coaster step**

- 1 & 2      Step Left to Left side. Step Right to Left. Step Left forward.
- 3 & 4      Step Right to Right side. Step Left to Right. Step Right back.
- 5 - 6      Step Left back. Step Right back.
- 7 & 8      Step back on Left. Step Right next to Left. Step forward on Left.

**Section B3: Repeat section B1**

**Section B4: Repeat section B2**

**Part C - 24 counts**

**Section C1: Rumba Box Forward. Walk Back. Coaster step (6:00)**

- 1 & 2 Step Right to Right side. Step Left to Right. Step Right forward.
- 3 & 4 Step Left to Left side. Step Right to Left. Step Left back.
- 5 – 6 Step Right back. Step Left back.
- 7 & 8 Step back on Right. Step Left next to Right. Step forward on Right.

**Section C2: Rumba Box Forward. Walk Back. Coaster step**

- 1 & 2 Step Left to Left side. Step Right to Left. Step Left forward.
- 3 & 4 Step Right to Right side. Step Left to Right. Step Right back.
- 5 – 6 Step Left back. Step Right back.
- 7 & 8 Step back on Left. Step Right next to Left. Step forward on Left.

**Section C3: Rumba Box Forward. Walk Back. Back Rock**

- 1 & 2 Step Right to Right side. Step Left to Right. Step Right forward.
- 3 & 4 Step Left to Left side. Step Right to Left. Step Left back.
- 5 – 6 Step Right back. Step Left back.
- 7 – 8 Rock back on Right. Recover on Left.

**Tag 4 counts, only once after wall 9 after 32 count in part A facing 9:00**

- 1 – 4 Sway right, Left, Right, Left.

**Then Restart dance from beginning, part A.**

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