

# Long Shot

拍數: 32      牆數: 4      級數: Beginner Plus  
編舞者: Christopher Petre (USA) - July 2012  
音樂: Odds Are - Barenaked Ladies



## [1-8], CHASSE R, CROSS BODY ROCK, CHASSE L 1/4 TURN L, L PIVOT 1/2 TURN

- 1&2      Step right foot to right side, step together on left foot, step right foot to right side  
3-4      Cross rock left in front of right foot, recover weight on right foot  
5&6      Step left foot to left, step together on right foot, turn 1/4 left (to face 9:00) and step forward on left  
7-8      Step forward on right foot, turn 1/2 onto left foot (now facing 3:00)

## [9-16], STEP & BOP, PIVOT 1/4 L & BOP, STEP & BOP, PIVOT 1/4 L & BOP

- 1&2      Step forward on right, lift that heel off floor and drop (weight is on right)  
3&4      Turn 1/4 left step onto left foot, lift that heel off floor and step down (now facing 12:00)  
5&6      Step forward on right foot, lift that heel off floor and drop  
7&8      Turn 1/4 left step onto left foot, lift that heel off floor and step down (now facing 9:00)

**Insert 4 count Tag here at end of 2nd wall facing back or 6:00 wall then Restart**

## [17-24], LINDY SHUFFLE R & L

- 1&2      Step right foot to right side, step together on left foot, step right foot to right side  
3-4      Rock back onto left foot beyond right foot, recover weight onto right foot  
5&6      Step left foot to left, step together on right foot, step left foot to left  
7-8      Rock back onto right foot beyond left foot, recover weight onto left foot

## [25-32], COOL SHUFFLING STEPS TRAVELING TOWARDS 12:00 WALL

- 1-2      Turn 1/4 right (12:00) step forward on right, step together on left, step forward right  
3-4      Turn 1/4 left (9:00) cross left over right, step right to right, cross left over right (this is a crossing shuffle traveling towards the 12:00 wall)  
5-6      Turn 1/4 right (12:00) step forward on right, step together on left, step forward right  
7-8      Turn 1/4 left (9:00) cross left over right, step right to right, cross left over right (this is a crossing shuffle traveling towards the 12:00 wall)

**Note: dance ends facing 9:00 with weight on left foot**

**TAG: 4 count TAG done at end of 2nd wall facing back wall (6:00)**

- 1-4      Bump hips to right twice, bump hips to left twice

**BEGIN AGAIN!**

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