

Loppis (aka Thrift Shop Shuffle)

COPPER KNOB
BY SHEETS

拍數: 48 牆數: 4 級數: Phrased Advanced
編舞者: Dan McInerney (UK) - July 2013
音樂: Thrift Shop (feat. Wanz) - Macklemore & Ryan Lewis : (Album: The Heist)



NOTE: The original version contains lyrics which may offend some dancers, but a 'clean' version of the track is available from the usual sources

Starts: 48 counts/33 seconds, just as he sings "I'm gonna pop some tags..."

PART A – 16 COUNTS

WALK, WALK, WALK, WALK AND BEHIND, STEP AND BEHIND, STEP

- 1, 2 Step L forward, step R forward
- 3, 4 Step L forward, step R forward
- &5, 6 Make 1/4 turn R stepping L to L side, step R behind L, make 1/4 L stepping L forward (12:00)
- &7, 8 Make 1/4 turn L stepping R to R side, step L behind R, step R to R side (09:00)

BUMP AND BUMP, BUMP AND BUMP, KICK AND BEHIND AND KICK TURN TOUCH

- 1&2 Make 1/4 turn L bumping L hip forward as you step L forward, bump R hip back, bump L hip forward taking weight onto L (06:00)
- 3&4 Step R forward as you bump R hip forward, bump L hip back, bump R hip forward taking weight onto R
- 5&6& Kick L forward, step forward onto L, step R behind L, step L forward
- 7&8 Kick R forward, make 1/4 L stepping R to R side, touch L next to R (03:00)

PART B – 32 COUNTS

SIDE, TURN, SIDE TOUCH SIDE, SAILOR STEP BEHIND OUT OUT BUMP BUMP

- 1, 2 Slide L to L side, make 1/2 L stepping onto R (09:00)
- 3&4 Slide L to L side, touch R next to L, step R to R side
- 5&6& Step L behind R, step R to R side, step L to L side, step R behind L
- 7&8& Making 1/4 turn L step L forward, step R to R side, bump hips R, bump hips L (06:00)

(RESTART into A: after 7th time you dance this section of B, end on count 8 with weight on right – you'll be facing 06:00 – Restart into part A walking forward L)

HITCH, SHUFFLE STEP AND ROCK AND SWEEP, CROSS AND BACK, BACK HITCH

- 1, 2& Making 1/4 turn L hitch L, step L forward, step R behind L (03:00)
- 3&4& Step L forward, rock R forward, recover weight onto L, rock R back
- 5, 6& Recover weight onto L as you sweep R around L, continue sweep and step R across L as you angle body to R diagonal, step L back (04:30)
- 7, 8& Step R back and you pop L knee, step L back as you pop R knee, hitch R knee slightly

RIGHT SHUFFLE, LEFT SHUFFLE, ROCK AND HALF, TURN, TURN

- 1&2 Step R forward, step L next to R, step R forward
- 3&4 Step L forward, step R next to L, step L forward
- 5&6 Rock R forward, recover onto L, making 1/2 turn R step R forward (10:30)
- 7, 8 Making 3/8 turn R step back L, making 1/4 turn R step R to R side (06:00)

CROSS AND HEEL AND CROSS AND HEEL AND ROCK AND TURN, ROCK TURN CROSS

- 1&2& Cross L over R, step R to R side, dig L heel to L diagonal, step L slightly to L side
- 3&4& Cross R over L, step L to L side, dig R heel to R diagonal, step R slightly to R side
- 5&6 Rock L across R, recover weight onto R, making 1/4 turn L step L forward (03:00)
- 7&8 Making 1/4 turn L rock R to R side, recover weight onto L, cross R slightly in front of L (12:00)

(NOTE: don't cross R too far over L on count 8, as otherwise you will not be able to transition to A easily!)

ENDING: Finish the dance with the final A section, dancing the last section as below to keep facing 12:00:

7&8 Kick R forward, step forward onto R, step L behind R

&1 Step R to R side, step L to L side

PHRASING: A, B, B, B, A, A, B, B, B, B-RESTART, A, B, A-ENDING

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