

Little Bit Of Everything

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Adrian Churm (UK) - August 2013
音樂: Little Bit of Everything - Keith Urban



Sec 1: Night club basic, behind, side, cross rock, side, syncopated cross rocking chair.

- 1 – 2& Step right foot to the side, rock left foot behind right, recover onto right foot.
- 3 – 4& Step left foot to the left side, step right behind left, step left foot to the side.
- 5 – 6& Rock right foot across left, recover back onto left foot, step right foot to the side.
- 7&&8 Step left foot across right, recover back onto right, rock left foot back recover forward onto right.

Sec 2: Cross rock, ¼ turn left, cross unwind, coaster step, diagonal lock step forward.

- 1 – 2& Rock left foot across right, recover back onto right, ¼ turn left end with left foot forward.
- 3 – 4 Cross right over left, unwind ½ turn left keeping weigh on right (bending then straightening knees)
- 5&6 Step left foot back, close right foot to left, step left foot forward.
- 7&8 Step right foot forward, lock left behind right, step right foot forward. (all to right diagonal).

Sec 3: Diagonal lock step forward, Crossing steps moving back, coaster step.

- 1&2 Step left foot forward, lock right behind left, step left foot forward (all to left diagonal)
- 3&4 Step right foot across left, step left foot back, turn to face right diagonal right foot to the side.
- 5&6 Step left foot across right, step right foot back, step left foot back (now square to wall 3 o'clock)
- 7&8 Step right foot back, close left to right, step right foot forward.

Sec 4: Rock into ½ turn left, ½ turn left, rock step, heel rock, toe rock.

- 1&2 Rock left foot forward recover back onto right (preparing to turn), ½ turn left with left foot forward.
- 3&4 Step right foot forward, ½ turn left onto left foot, step right foot forward.
- 5 – 6& Rock left foot forward, recover back onto right, close left foot next to right.
- 7&&8 Rock forward with right heel, recover back onto left, rock back with right toes, recover forward onto left.

Tag 1: End of 2nd wall: 2x Night Club Basic, 4 sways

- 1 – 2& Step right foot to the side, rock left foot behind right, recover onto right foot
- 3 – 4& Step left foot to the side, rock right behind left, recover onto left
- 5 – 8 Step right foot to the side and sway R.L.R.L allowing right foot to draw in slightly on the last sway.

Tag 2: end of 3rd wall

- 1 – 2 Step right foot to the side and sway R.L

Contact - Email: danceade@hotmail.co.uk