

# Limbo Dance

拍數: 88      牆數: 1      級數: Easy Intermediate  
編舞者: Anna Spiteri - July 2013  
音樂: Do the Limbo Dance - David Hasselhoff : (iTunes)



Sequence - (ABB Tag) x2 C ABBBB TAG BBBBB

Intro: (32 counts)

(Section A) - 32 counts

**Step Cross Back Side (Bota Fogus x 2)**

1-2-3-4      Step Fwd Right, Cross Left over Right, Step Back Right, Step Left to Left Side  
5&6      Cross Right over Left, Step Left to Left Side, Recover on Right  
7&8      Cross Left over Right, Step Right to Right Side, Recover on Left

Repeat 1st 8 counts

**Rolling Weave to Left with Left Point (Bota Fogus x 2)**

1-2      Cross Right over Left making  $\frac{1}{2}$  Turn Left,  $\frac{1}{2}$  Turn Left Stepping, Left to Left Side  
3-4      Cross Right over Left, Point Left to Left Side  
5&6      Cross Left over Right, Step Right to Right Side, Recover on Left  
7&8      Cross Right over Left, Step Left to Left Side, Recover on Right

**Rolling Weave to Right with Right Point (Bota Fogus x 2)**

1-2      Cross Left over Right making  $\frac{1}{2}$  turn right,  $\frac{1}{2}$  Turn Right stepping Right to Right Side  
3-4      Cross Left over Right, Point Right to Right Side  
5&6      Cross Right over Left, Step Left to Left Side, Recover on Right Side  
7&8      Cross Left over Right, Step Right to Right Side, Recover on Left Side

(Section B) - 16 counts

**Limbo Steps x 2, Hawaiiin Side Steps**

1-2      Step Right Foot Out, Step Left Foot Out  
3-4      Repeat

**(1-4 small jumps fwd, knees bent and shoulders back)**

5-6      Step Right Foot to Right Side, Close Left next to Right  
7-8      Step Right Foot to Right Side, Slide Left next to Right

**(Weight on Right Foot)**

**(5,6,7,8 Travelling Side ways body angling Right Diagonal Roll Hips and both palms of your hands anti-clockwise for styling).**

**(Hawaiiin Way)**

**Rolling Vine to Left, Limbo Steps x 2**

1-2      Step Left Foot  $\frac{1}{4}$  Turn Left Fwd, Step Right Foot  $\frac{1}{4}$  Turn Left Stepping Right to Right Side  
3-4       $\frac{1}{2}$  Turn Left Stepping Left to Left Side, Bend Both Knees down on the 4th Count  
5-6      Step Right Foot Out, Step Left Foot Out  
7-8      Repeat

**(5-8 Small Jumps Fwd, Knees Bent & Shoulders Back).**

Tag: Claps 1 & 2 3 & 4

(Section C) - 40 counts

**Paddle Steps to Right Full Turn, Paddle Steps to Left Full Turn**

1&2      Step Fwd Right, Recover on Left, Step Fwd Right  
&3&4      Recover on Left, Fwd Right, Recover on Left, Fwd Right  
5&6      Step Fwd Left, Recover on Right, Step Fwd Left

**&7&8** Recover on Right, Fwd Left, Recover on Right, Fwd Left  
**(1-4 Perform Full Turn to Right)**  
**(5-8 Perform Full Turn to Left)**

**Hawaiin Side Steps to Right & Left**

1-2 Step Right to Right Side, Close Left Next to Right

3-4 Step Right to Right Side, Slide Left next to Right

**(Weight on Right Foot)**

**1-4 Travelling Sideways, Body Angling Right Diagonal Roll Hips and Palms of your Hand Anti-Clockwise For Styling**

**(Hawaiin Way)**

5-6 Step Left to Left Side, Close Right next to Left

7-8 Step Left to Left Side, Slide Right next to Left

**(Weight on Left Foot)**

**5-8 Roll Hips and Palms of your Hand Clockwise for Styling**

**(Hawaiin Way)**

**Repeat Hawaiin Step 1 – 8**

**Samba Steps**

1&2 Step Right to Right Side, Cross Left Behind Right, Recover on Right

3&4 Step Left to Left Side, Cross Right Behind Left, Recover on Left

**Repeat from 1 - 4**

**Paddle Steps to Right Full Turn, Paddle Steps to Left Full Turn**

1-8 Repeat First 8 Counts of Section C.

**Note: The dance can be started after the first 16 counts with the Hawaiin Side Steps to right, left, right, left.**

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Or

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