

# Used

拍數: 80      牆數: 4      級數: Improver  
編舞者: Roz Chaplin (UK) - August 2013  
音樂: Used - Ashley Monroe : (CD: Like A Rose)



## 28 Count Intro: Start on You

### STEP PIVOT ½ TURN, SHUFFLE FORWARD, PRIZZY WALKS, SIDE ROCK, CROSS

1-2            Step forward on right, pivot ½ turn left(6)  
3&4           Step forward on right, close left beside right, step forward on right  
5-6           Step left forward across right, step right forward across left  
7&8           Rock left to left side, recover onto right, cross left over right

### SIDE, TOGETHER, ¼ CHASSE TURN, PIVOT ½ TURN, RUN FORWARD X3

1-2            Step right to right side, close left beside right  
3&4           Step right to right side, close left beside right, turn ¼ right stepping right forward (9)  
5-6           Step forward on left, pivot ½ turn (3)  
7&8           Run small steps forward left, right, left

### JAZZ BOX, TOUCH, FORWARD ROCK, BACK, LOCK

1-4            Cross right over left, step back on left, step right to right side, touch left beside right  
5-6            Rock forward on left, recover onto right  
7&8            Step back on left, lock right in front of left, step back on left

### TOUCH UNWIND ½ TURN, SHUFFLE FORWARD, SIDE ROCK, RIGHT CHASSE

1-2            Touch right behind left, unwind ½ turn (9)  
3&4            Step forward left, close right beside left, step forward left  
5-6            Rock right to right side, recover onto left  
7&8            Step right to right side, close left beside right, step right to right side

### CROSS ROCK, LEFT CHASSE, BACK ROCK, KICK BALL CHANGE

1-2            Cross rock left over right, recover onto right  
3&4            Step left to left side, close right beside left, step left to left side  
5-6            Rock back right behind left, recover onto left  
7&8            Kick right foot forward, sep right beside left, step left in place

### OUT, IN, COASTER STEP, OUT, IN, COASTER STEP

1-2            Touch right toes to right side, touch right toes in place  
3&4            Step back on right, step left beside right, step right forward  
5-6            Touch left toes out to left side, touch left toes in place  
7&8            Step back on left, step right beside left, step forward on left

### WALK ¼, WALK ¼, SHUFFLE FORWARD, CROSS, POINT, WALK BACK X2

1-2            Make ¼ turn left stepping right forward (6), make ¼ turn left stepping left forward (3)  
3&4            Step forward on right, close left beside right, step forward right  
5-6            Cross left over right, point right to right side  
7-8            Walk back on right, walk back on left

### SIDE ROCK, CROSS SHUFFLE, BACK ROCK, SHUFFLE FORWARD

1-2            Rock right to right side, recover onto left  
3&4            Cross right over left, step left to left side, cross right over left  
5-6            Rock back on left, recover onto right

7&8 Step forward on left, close right beside left, step forward on left

**SIDE, TOGETHER, SHUFFLE BACK, SIDE TOGETHER, WALK, FORWARD X2**

1-2 Step right to right side, close left beside right

3&4 Step back on right, close left beside right, step back on right

5-6 Step left to left side, close right beside left

7-8 Walk forward left, walk forward right

**FORWARD ROCK, COASTER STEP, ROCKING CHAIR**

1-2 Rock forward on left, recover onto right

3&4 Step back on left, step right beside left, step forward on left

5-8 Rock forward on right, recover onto left, rock back on right, recover onto left

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