

Stereo Hearts

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Judy Rodgers (USA) - August 2013
音樂: Stereo Hearts (feat. Adam Levine) - Gym Class Heroes



36 count intro

Rock recover step, rock recover step, step ¼ cross, side behind turn ¼ turn ¼

1&2 Rock fwd on R, recover to L, step fwd on R
3&4 Rock fwd on L, recover to R, step fwd on L
5&6 Step R pivot ¼ left, cross R over L [9:00]
7&8& Step L to side, step R behind L, turn ¼ left step L fwd, turn ¼ left step R to side [3:00]

Rock recover point, coaster step, touch and turn, step turn ¼ cross

1&2 Rock L behind R, recover R, point L toe to fwd diagonal
3&4 Step L back, step R beside L, step L fwd
5&6 Touch R toe to side shifting hips right, shift hips back to L, turn ¼ right step R fwd [6:00]
7&8 Step L fwd, pivot ¼ right step R to side, step L across R [9:00]

Push and push and coaster cross, side bump and bump, sailor turn ½

1&2& Step R fwd push hips fwd, push hips back to L, push hips fwd to R, push hips back to L
3&4 Step R back, step L beside R, step R across L
5&6 Step L to side bump L R L
7&8 Sweep R step behind L, turn ½ right step L to left side, step R to right side [3:00]

Kick out out & cross unwind ¾, knee rolls (or body roll), kick ball change

1&2& Kick L, step L to left side, step R to right side, step L beside R
3-4 Cross R over L, unwind ¾ left (weight to L) [6:00]
5-6 Roll R knee out, roll L knee out
7&8 Kick R, step R beside L, step L fwd

***Restart here on wall 5 (facing 6:00)

Walk, walk, ball step step, step turn ½ turn ¼, behind side cross

1-2 Walk R, walk L
&3-4 Rock R to side, recover L, step R fwd
5&6 Step L fwd, pivot ½ right step R fwd, turn ¼ right step L to side [3:00]
7&8 Step R behind L, step L to side, cross R over L

Step drag touch, turn ¼ full turn, forward coaster step, walk back, step together

1&2 Step L big step to left, drag R slowly toward L, touch R beside L
3&4 Turn ¼ right step R forward, turn ½ right step L back, turn ½ right step R fwd [6:00]
5&6 Step fwd L, step R beside L, step back L
7-8 Big step back R, step L beside R (weight to L)
(option for 3&4 if you don't like turns: turn ¼ right shuffle R L R)

Tag: At end of wall 2 (facing 12:00), add the following 4 counts before starting wall 3:

Rock back recover, rock side recover

1-4 Rock R back, recover L, rock R to side, recover L

Restart on wall 5 (3rd time starting at 12:00) dance the first 32 cnts and restart dance (facing 6:00)

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