Beers Ago

拍數: 64

牆數: 4

級數: Intermediate

編舞者: Jeni Bradshaw (UK) - August 2013

音樂: Beers Ago (Jason Nevins Remix) - Toby Keith : (Album: Hope on the Rocks -Deluxe Edition)

Intro 64 counts

Sec 1: STEP, KICK, BACK, TOUCH, JUMP OUT OUT IN IN AND HEEL BOUNCE

- 1-4 Step R forward, kick L diagonally across R, Step L back, touch R next to L
- &5 Jump feet apart stepping Right, Left
- &6 Jump feet together stepping Right, Left
- 7-8 Bounce both heels together twice

Sec 2: WALK FORWARD RLR HEEL SPLITS WALK BACK RLR HEEL SPLITS

- 1-3 Walk forward R,L,R
- &4 Heel splits out and back to centre weight on L
- 5-7 Walk back R,L,R
- &8 Heel splits out and back to centre weight on left

Sec 3: MODIFIED ¼ MONTEREY SIDE SWITCHES R.L. TOUCH KICK L CROSS BACK SIDE

- 12 Point R to right side, ¼ turn R step R beside L,
- 3&4 Point L to L side, step L next to R, Point R to R side
- &5 Step R beside L, Touch L to L side

(TAG / RESTART HERE - WALL 3)

- Kick L forward 6
- 7&8 Cross L over R, Step back on R, Step L to L side

Sec 4: R CROSS SHUFFLE, L SIDE ROCK RECOVER, WEAVE BEHIND, SIDE, CROSS, SIDE, BEHIND, SIDE, CROSS

- 1&2 Cross R over L, step L to L, Cross R over L
- 3-4 Side rock L to L side, recover on R
- Cross L behind R, Step R to R side, Cross L in front of R, Step R to R side 5&6&
- Cross L behind R, Step R to R side, Cross L in front of R 7&8

Sec 5: R & L SCUFFS WITH TOE TOUCH AND HEEL TAPS

- 1-4 Scuff R forward, Touch R toe to R side, 2 x R heel bounces taking weight on second heel tap
- 5-8 Scuff L forward, Touch L toe to L side, 2 x L heel bounces

Sec 6: DOUBLE HEEL AND TOE FANS IN IN OUT OUT JUMP FORWARD RL AND CLAP, REPEAT

- 1-4 Fan both heels in, fan both toes in, fan both toes out, fan both heels out taking weight on L
- & 5-6 Small jump forward right. Small jump forward left. Clap
- &7-8 Small jump forward right. Small jump forward left. Clap

Sec 7: R FORWARD ROCK RECOVER, R SHUFFLE BACK, SKATE BACK L R, L SHUFFLE BACK

- 1-2 Rock forward on R, recover back on L
- 3&4 Shuffle back on RLR
- 5-6 Slide L foot back, slide R foot back
- 7&8 Shuffle back on LRL

Sec 8: R BEHIND SIDE CROSS, L SIDE ROCK CROSS, R VINE WITH A CROSS

- Cross R behind L, step L to L side, cross R over L 1&2
- 3&4 Rock L to L side, recover on R, Cross L over R





TAG/RESTART WALL 3 Step L next to R and do 2 x heel bounces.

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