

# I Am Alive

COPPERKNOB  
STEPSHEETS

拍數: 56      牆數: 2      級數: Intermediate  
編舞者: Liu Sum Loong (MY) - August 2013  
音樂: I'm Alive - Céline Dion



## Intro: 24 count \*\* Optional:

### Touch. Kick. Right coaster. Touch. Kick. Left Coaster

1, 2            R touch, Kick R fwd  
3&4            Step RF back. Step LF together. Step RF fwd  
5, 6            L touch. Kick LF fwd  
7&8            Step LF back. Step RF together. Step LF fwd

### Right Side. Behind. Sailor Cross. Left Side. Behind. Sailor Cross.

1, 2            Step RF to R. Step LF behind RF  
3&4            Sweep Step RF behind LF. Step LF to side. Cross step RF over LF  
5, 6            Step LF to L. Step RF behind LF  
7&8            Sweep Step LF behind RF. Step RF to side. Cross step LF over RF

### Pivot ½ turn Left X 2. Hip Bumps

1, 2            Step RF fwd. pivot ½ turn L Step on LF (Weight on LF)  
3, 4            Step RF fwd. pivot ½ turn L Step on LF (Weight on LF)  
5678           Touch RF fwd. Hip bumps R L R L (Or Hip Rolls-clockwise)

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## The Dance:

Sequence: 56, 16, 56, 16, 56, 24, Tag, 56, 8 Closing

\*Restart after Sec.2 on 2nd wall & 4th wall

\*\* Optional - 4 counts Tag after Sec. 3 on 6th wall

### (Sec.1) Step. Lock Step. ½ Turn Right. Sweep. Behind Side Cross

1, 2&3           Step RF fwd. Lock LF behind RF. Step RF fwd ½ turn R, Step back LF and sweep RF from front to back (Facing 6)  
4&5            Cross step RF behind LF. Step LF to L. Cross RF over LF  
6, 7            Rock LF to L. Recover RF  
8&1            Cross LF over RF. Step RF to R. Cross LF over RF

### (Sec.2) Rock. Recover. ¼ Left. Lock Step. Full Right Turn. Side Together Cross

2, 3            Rock RF to R. ¼ turn L. Step on LF (Facing 3)  
4&5            Step RF fwd. Step lock LF behind RF. Step RF fwd  
6, 7            ½ Turn R step back LF. ½ Turn R step RF fwd  
8&1            Step LF to L. Step RF together. Cross LF over RF

\* Restart: On 2nd. Wall. On 4th. Wall - Section 2 dance up to count 8: Step left forward

### (Sec.3) Rock. Hold. Together. ¼ Forward. Forward. Recover. ¼ Left Sailor

2, 3            Rock RF to R. Hold  
& 4, 5           Step RF together with LF. ¼ turn L step LF fwd. Step RF fwd (Facing 12)  
6, 7            Rock LF fwd. Recover RF  
8&1            Step LF behind RF. ¼ turn L step RF inplace. Step LF fwd (Facing 9)

\*\* Do the 4 count Tag on wall 6 and restart :-

2, 3            ½ turn L step back on RF (Facing 3) ¼ turn L sweep LF from front to back  
4&5            Step LF behind RF. Step RF to side. Step LF forward. (Facing 12)

### (Sec.4) Skate. Skate. Chasse. Sway. Sway. Coaster Step

2, 3 Skate RF to R. Skate LF to L  
4&5 Step RF to R. Step LF together. Step RF to R  
6, 7 Sway L. Sway R  
8&1 Step LF back. Step RF together. Step LF fwd

**(Sec.5) Back. Kick. Triple ½ Turn. Pivot ½Turn. Walk. Walk**

2, 3 Step RF in place. Low kick LF fwd  
4&5 ¼ Turn L Step LF to side. Step RF together (6) ¼ Turn L Step LF fwd (Facing 3)  
6, 7 Step RF fwd. ½ turn L (Weight on LF) (Facing 9)  
8, 1 Cross walk RF over L, (Stepping slightly diagonally forward). Cross walk LF over Right,  
**(Stepping slightly diagonally forward)**

**(Sec.6) Side Together Forward. Left Mambo. Syncopated Vine Left. ¼ Step. Step**

2&3 Step RF to R. Step LF together. Step RF fwd  
4&5 Step LF fwd. Recover RF. Step LF back  
6&7&8 Step RF behind LF. Step LF to L. Cross RF over LF. Step LF to L. Step RF behind LF  
& 1 ¼ turn L step LF fwd. Step RF fwd (Facing 6)

**(Sec.7) Lock Step. Right Mambo. Left Coaster. Hip Bumps**

2&3 Step LF fwd. Step lock RF behind LF. Step LF fwd  
4&5 Step RF fwd. Recover LF. Step RF back  
6&7 Step LF back. Step RF together. Step LF fwd  
8 & Touch RF fwd with R hip bump. L hip bump (Facing 6)

**Start again.**

**Closing: Wall 8-Just dance section 1: with ending pose**

**Ending Pose: Cross RF over LF, Unwind full turn left (Facing 12) With hands up V pose. Estimated 4 counts.**

**Have fun and enjoy dancing!**

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