

Miles On My Heart

COPPER KNOB
BY STEPHEN BRETZ

拍數: 32 牆數: 2 級數: Improver
編舞者: Tom Anderson (UK) - July 2013
音樂: Sweet Annie - Zac Brown Band : (CD: Uncaged)



Step right forward, step back half, back lock back, back rock, recover, turn half, turn half X2, turn quarter

1-2 Step forward on right, step left back turning a half right
3&4 Step back on right, lock left in front of right, step back on right
5&6 Rock back on left, recover weight to right, step left a half turning right
7&8 Step right a half right, step left a half right, step right a quarter right

Alternative 7&8: Step back right, step back left, step back right turning a quarter right

Cross rock side, cross rock side, cross rock quarter, step lock step

1&2 Cross rock left over right, recover weight to right, step left to left side (Tag 2)
3&4 Cross rock right over left, recover weight on left, step right to right side
5&6 Cross rock left over right, recover weight to right, step left a quarter left
7&8 Step right foot forward, lock left behind right, step right forward

Mambo step forward, mambo step back, step pivot ½ step, triple full turn

1&2 Rock forward on left, recover weight to right, step left back (Tag 1)
3&4 Rock back on right, recover weight to left, step right forward
5&6 Step forward left, pivot a half turn right, step left forward
7&8 Triple full turn left stepping right left right

Alternative 7&8: Shuffle forward right left right

Mambo forward, coaster step, in front, side, behind, Monterey full turn

1&2 Rock left foot forward, recover onto right, step left back
3&4 Step right foot back, step left next to right, step right forward
5&6 Cross left in front of right, step right to right side, step left behind right
&7&8 Point right to right side, full turn (weight on right), point left to left side, step left next to right

Tag/Restarts

Tag 1: Wall 3: dance up to count 18 then replace the second mambo step with a back rock, recover, hold - Restart the dance from beginning (12 o'clock).

Tag 2: Wall 6: dance up to count 10 then replace the cross rock side with cross rock right over left, recover onto left, step right a quarter right, step left forward, Restart dance (6 o'clock)

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