

# Miles On My Heart

COPPER KNOB  
BY STEPHEN BRETZ

拍數: 32      牆數: 2      級數: Improver  
編舞者: Tom Anderson (UK) - July 2013  
音樂: Sweet Annie - Zac Brown Band : (CD: Uncaged)



---

## Step right forward, step back half, back lock back, back rock, recover, turn half, turn half X2, turn quarter

1-2            Step forward on right, step left back turning a half right  
3&4           Step back on right, lock left in front of right, step back on right  
5&6           Rock back on left, recover weight to right, step left a half turning right  
7&8           Step right a half right, step left a half right, step right a quarter right

## Alternative 7&8: Step back right, step back left, step back right turning a quarter right

## Cross rock side, cross rock side, cross rock quarter, step lock step

1&2           Cross rock left over right, recover weight to right, step left to left side (Tag 2)  
3&4           Cross rock right over left, recover weight on left, step right to right side  
5&6           Cross rock left over right, recover weight to right, step left a quarter left  
7&8           Step right foot forward, lock left behind right, step right forward

## Mambo step forward, mambo step back, step pivot ½ step, triple full turn

1&2           Rock forward on left, recover weight to right, step left back (Tag 1)  
3&4           Rock back on right, recover weight to left, step right forward  
5&6           Step forward left, pivot a half turn right, step left forward  
7&8           Triple full turn left stepping right left right

## Alternative 7&8: Shuffle forward right left right

## Mambo forward, coaster step, in front, side, behind, Monterey full turn

1&2           Rock left foot forward, recover onto right, step left back  
3&4           Step right foot back, step left next to right, step right forward  
5&6           Cross left in front of right, step right to right side, step left behind right  
&7&8          Point right to right side, full turn (weight on right), point left to left side, step left next to right

## Tag/Restarts

Tag 1: Wall 3: dance up to count 18 then replace the second mambo step with a back rock, recover, hold - Restart the dance from beginning (12 o'clock).

Tag 2: Wall 6: dance up to count 10 then replace the cross rock side with cross rock right over left, recover onto left, step right a quarter right, step left forward, Restart dance (6 o'clock)

Contact: [atomic2008@live.co.uk](mailto:atomic2008@live.co.uk)

---